## The Woman's Club of Clayton

109 Church St Mailing Address: PO Box 26 Clayton, NC 27528 tweenc.org

NC General Federation of Women's Clubs www.gfwcnc.org



The Woman's Club of Clayton is a member of the General Federation of Women's Clubs (GFWC), an international women's organization dedicated to community improvement by enhancing the lives of others through volunteer service.

#### **Officers**

President

**Trish Perna** st Vice President

**Christie Latham** 2nd Vice President

Nancy Maynard

Recoraing Secretary

Deborah Fuller

Corresponding Secretary

**Susan Johnson**Treasurer

Karen Keeslar

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## Club Chatter



Volume 2

2025-2026

October 2025

#### From Our President

Trish Perna

October has arrived, and with it, plenty of energy and opportunities to support our community and strengthen our club.

October marks an important time for **LEADS nominations**, the Leadership Education and Development Seminar. As members of the Federation, we have the privilege of nominating one of our own to represent The Woman's Club of Clayton at the district level. This candidate should embody the spirit of leadership and service. She must:

- Demonstrate leadership capabilities as an active president, officer, or program/committee chair or co -chair.
- Show a strong commitment to the Federation.
- Exhibit understanding of the GFWC mission of community service through her involvement in programs and projects.
- Possess leadership skills such as organization, responsibility, and enthusiasm.
- Express an interest in pursuing higher leadership positions.
- Agree to share the knowledge gained from LEADS with others in the

Club.

 Accept potential expenses of participation.
 Not have attended previous LEADS or served on the State Executive Committee or higher.

While anyone may attend LEADS by paying the registration fee, only one candidate will be officially nominated by our club to represent us at the district level. Please consider nominating a fellow clubwoman (or yourself) who meets these qualifications by emailing Trish Perna at tricia.perna@gmail.com no later than October 20. Be sure to include a brief summary of why you believe she would be an excellent candidate.

We have received a special request from Coach Fred of the nonprofit **One Blood**. Coach Fred won the 2025 JNOW Magazine Exemplary Volunteer Award. He is asking TWCC members to support One Blood's 10th Annual Thanksgiving Service at Fellowship Baptist Church on Thanksgiving morning. If you would like to help serve the meal, please contact Coach Fred directly at (919) 944-1800 or info@obmou.com. This is another wonderful opportunity to show our community spirit during the season of gratitude. I'm also thrilled about this year's National Day of



Service, the last Saturday of September, focused on domestic violence and sexual abuse awareness. Our club members packed purses with toiletries and essentials, which were donated to Harbor House of Johnston County. I am proud to share that over 60 purses were collected and delivered—a true testament of caring and generosity.

I want to remind you about the On the Right Path President's Special Project. Engraved bricks are available for purchase through Spring 2026 for members and local businesses wishing to leave a lasting legacy. These bricks will replace the broken concrete slab at the front of the clubhouse between the sidewalk and entry steps, and if enough are purchased, a brick pathway will also be added at the back gate. It's a meaningful way to support our club while leaving a permanent mark. Purchase bricks here: https:// twccnc.org/club-products/. Lastly, This month is about service, leadership, and moving forward together. Thank you for the time, heart, and energy you give to make our club so vibrant.



#### **OCTOBER**

October 1 Yom Kippur

October 6 **ESO** 

October 8
TWCC General Meeting

October 10 Columbus Day Bingo at Senior Center

October 14 **House of Hope Meal** 

October 16 String Queens @ Clayton Center

October 18 Twitty & Lynn
Salute to Conway and Loretta at Clayton Center

October 20 **Exec Board Meeting** 

October 21 Night n Gals Zoom

October23-26 Clayton Harvest Festival

October 24 **United Nations Day** 

> October 24 **Boo Bash**

October 31 Halloween **Downtown Trick or Treat** 



QR Code to Order Bricks President's Special Project

#### September Meeting Highlights

#### Deborah Fuller



#### **Devotion: Sandy Nesselrode**

#### President's Welcome: Trish Perna

I want to thank the Education and Libraries CSP for hosting us today. They did a fantastic job. The school lunch was delicious. So everybody please thank the Education and Libraries for hosting. It's wonderful to see all of you and Libraries for hosting. It's wonderful to see all of you here as we begin another exciting club year together. I hope each of you had a refreshing summer and are as eager as I am to jump back into the meaningful work that we do. As we step into this new season, we're surrounded by the energy of fall, a time of change, of fresh starts, and of new opportunities. That spirit fits perfectly with where we are as a club. We have a year ahead of full projects, service, fellowship, and of course, plenty of laughter and fun along the way. This year will be what we make it. Each of us brings unique strengths, talents, and make it. Each of us brings unique strengths, talents, and passions to the table, and together those create something powerful. Whether you've been a member for years or you're joining us for the first time, I encourage you to or you're joining us for the first time, I encourage you to jump in and get involved with the projects that inspire you, support one another, and celebrate the impact we are able to make together. I'm so grateful for the dedication and heart in this room. So let's get started together on a year of service, growth, and connection. Welcome, everyone.

Welcome New Members & Guests: Nancy Maynard Nancy introduced new members and guests and asked them to briefly share a little about themselves. Members: Linda Soporito, Bernie Beck, Chayaderi Mysore, Debbie Newman, and Barbara Rossway. Guests: Carolyn Middleton, Diane Kleckler, Margie Mayers, Ana Radomskyi, Leslie Boyd, Nancy Conte, Pam McIntosh. Carolyn Middleton brought Sam Smith from Able to Serve. Able to Serve is an organization that helps adults with disabilities. They would like to have an opportunity to disabilities. They would like to have an opportunity to partner with TWCC.

#### **Business**

Minutes Approval: Approved

GFWC Initiatives: Suffrage Monument and National Day of

The club is supporting two GFWC initiatives:

First, we are raising funds for the Women's Suffrage Monument in Washington, D.C. by collecting quarters at each meeting.

Second, for the National Day of Service on September 27th, which focuses on domestic abuse and sexual violence, the club is collecting purses filled with toiletries.

Club Achievements and Announcements: Trish Perna

The club was recognized as the 'Nonprofit of the Year 2025' by Johnston Now magazine.

The District Fall Meeting is scheduled for October 11th at the Walk at East Village clubhouse, with a \$10 fee. This will be the final meeting for District 8 before redistricting.

Additionally, the Clayton Civitan BBQ fundraiser is on Sept 19th, with tickets at \$12. See Betsy or Angela for tick-

#### Officer's Reports

Corresponding Secretary: Susan Johnson

Susan shared several thank you notes received by the club. These included: acknowledgements from the Memorial Library for a \$125 donation from ESO; a note from the family of Peggy Earp for a memorial donation and flowers; a note from scholarship recipient Kiara Tate; a note from the Hocutt-Ellington Memorial Library for the use of our facility; a note from the Boys and Girls Club for the generous \$600 donation.

**CSP, Committee, Special Project Reports**Treasurer; Ways & Means Committee: **Karen Keeslar**We have approximately \$95,000 between our various accounts. Details are in the financial report. A copy is attached to the minutes.

The club has five fundraisers planned. These include the following along with the Chair(s):
See's Candy sale, 2025 (Karen Keeslar)

Murder Mystery event, (Margaret Lee) January 16 &17, 2026 (\$40 tickets)

<u>Fashion Show</u>, (**Sarah Brooks & Dianne Carroll**) April 11, 2026

<u>Taste of Carolina</u> 2026, (**Karen Keeslar & Val Taylor**) March 14, 2026

Silent auction, (tbd) May 13, 2026.

Murder Mystery Fundraiser: Margaret Lee The Murder Mystery is scheduled for January 16<sup>th</sup> & 17<sup>th</sup>, 2026. Clayton Theatricals will participate again. Everything about the event is changing this year. We expect and need everyone to participate in the event.

#### Arts Festival: Susan Johnson

The Art Festival will be February 20-26, 2026. **Carolle Dayton** will be our contact person this year. The categories remain the same and I will bring those sheets to next month's meeting. Entries are due at our January meeting. We want to thank **Angela Williams** for all the hard work she has put in 20+ years. Please consider joining the Arts Festival committee.

#### Arts & Culture CSP: Angela Williams, Patty Jo Johnson, **Dianne Carroll**

On September 25, 2025, the group will be at the Senior Citizen Center to make four no-sew blankets with the residents. These blankets will be donated to the Harbor House. We will be doing this for Sleep In Heavenly Peace too. More

information will be in the next newsletter.
Preforming Arts will be holding an event in January. Please see **Brenda Gay** if you play the piano, sing or anything else in that area and are interested in helping.

#### Civic Engagement & Outreach CSP: Karen Keeslar, Susan Johnson

The theme for the year is the nation's 250th anniversary in 2026. The club is collaborating with the JoCo USA 250 committee. Planned events include a mural, a historical tour guide, participation in a national 'two lights' event in April 2026, and volunteer opportunities for the '1776' musical.

#### Education & Libraires CSP: Donna Steele, Margaret Lee, Ginny Kennerly

Members can volunteer at Cooper Academy and Wilson Mills Elementary. The first step is to register through the school's background check website, the link was sent on September 2, 2025. Website link: https://www.johnsto

Sign-up sheets are available for various events in October and November 2025, such as book fairs and 'Read for the

**Ginny Kennerly** is the point person for Cooper Academy and **Julie Ginsler** is the point person for Wilson Mills Elementary.

#### Environment CSP: Sarah Brooks

Barbara Barat reported that the committee recently built, filled in and planted a raised bed vegetable garden at the House of Hope with the assistance of a couple of the girls. We are continuing to collect corks, styrofoam egg cartons, and shoes of any type at the meetings.

#### Health & Wellness CSP: Tina Zimmerman, Marianne Sapsara

A sculpture walk is scheduled for September 17, 2025, at 10 AM, followed by lunch.

The October luncheon will recognize Breast Cancer Awareness month, and attendees are asked to wear pink. We will be collecting healthy snacks for the Boys and Girls Club The sign-up for sponsoring a meal at the House of Hope is full for 2025, but will reopen for 2026.

ESO: **Brenda Gay**The 'Silent Partner' program is seeking members to sign up to contribute \$25. This program is to help students in need. We did not receive any calls from counselors last year,

however, calls are anticipated this year. **Brenda** shared thank-you notes received from the community mailbox project at the Community Garden on Main

#### President's Special Project: Trish Perna

The President's Project involves selling engraved bricks for \$75 each to replace broken concrete and build a new walkway. Each brick can have three lines of engraving with 20 spaces per line. The project will run until May of next year, with sales opening to local businesses in January. Orders can be placed through the club's website.

#### Hospitality Committee: Brenda Hill

Brenda mentioned that if there is a death, accident or hospitalization and if there is a need for a meal train please contact her.

#### Health & Wellness CSP

Co Chairs: Tina Zimmerman and Marianne Sapsara





#### **OCTOBER**

10/10 Gracie Chamblee

10/10 Susan Johnson

10/12 Marlene Dillon

10/12 Ruth LaRocca

10/16 Sarah Brooks

10/22 Trish Perna

10/25 Cindy Kouhout

10/26 Janet Cowell

10/29 Becky Stewart

DON'T FORGET TO WEAR PINK TO THE OCTOBER MEETING!!



Meals for House of Hope (2nd Tuesday) Bingo at Senior Ctr (2nd Friday) Silent Partners Hospitality Walking Challenge Recipe Makeovers The Health & Wellness Community
Service Program (CSP) hosted a
Sculpture Walk on September 17th.
Approximately 20 people joined our
guide, Jess Stambaugh, as we strolled
through downtown Clayton admiring and
learning about the artist and their inspiration. Thanks to all that attended and
especially to those lovely ladies from
Health & Wellness who provided lunch!





It was a wonderful opportunity to bond with others outside of a meeting environment.

H&W members will be your lunch hosts at the October General Meeting. The menu will be Beef Stroganoff, carrots, and bread complements of our TWCC chef extraordinaire **Betsy Grannis**.

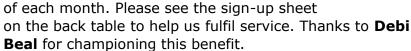
Our guest will be Scot Schwichow from

Revolution Modern Martial Arts of Clayton and Garner. October is Breast Cancer Awareness month and we always recognize our strong survivors. If you are a breast cancer survivor, please contact **Nancy Maynard** so that we can honor you at our October meeting!! Please wear **PINK** to the meeting to show our support!

Health & Wellness will be collecting snacks for the kiddos at the Boys & Girls Club of Johnston County. Please consider adding a couple of items to your grocery list this week for the donation pile. Specifically requested are fruit pouches (applesauce or fruit purees – no sugar added), wholegrain crackers, granola bars, protein bars, popcorn, trail mix and nuts.

House of

We continue to support the House of Hope by providing a meal to the young ladies and staff on the second Tuesday



We also continue to show our love and support at the monthly Bingo game at the Clayton Center for Active Aging. Thanks to **Judy Ryan** for participating in this activity.

Lastly, the First Aid Box has been updated and is available in the kitchen at the clubhouse. We sincerely hope you never need it but it's there if you do.

Offering a special shout out to our wonderful co-chairs, **Tina Zimmerman** and **Marianne Sapsara** for their superb leadership!













#### Environment

Co-Chairs: Sarah Brooks



An 8ft-by-8ft plant bed was built and installed on the House of Hope grounds. A huge thanks to Barbara Barat, her husband Robert, Susan Mancuso and her husband Lou. Robert and Barbara designed the plant bed and bought all the materials. The spouses put it together on the grounds of the House of Hope. The group filled the plant bed with soil and then planted vegetable plants that Barbara grew from seed and some herb plants. The residents of the house are responsible for watering and harvesting the plants. Barbara



returned

9/23/25 and reseeded spinach, carrots and peas. She added chicken wire, graciously

donated by MJ Hilliard, to trellis pears when they mature. She also installed a beautiful sign made by Karen Keeslar.



This year, Environment CSP will focus on the recycling of corks, shoes and Styrofoam.

How much do you know about recycling? Take the quiz to find out!

#### **Recycle Quiz**

What do the 3 green arrows symbol mean on a package?

This package contains air, land, and water

This package may be recycled

Batteries required

Throw this away immediately

Plastic bags can be thrown into the same bin with other recyclable items.

True False

How many times can aluminum be recycled:

Only Once

Not at all

Forever

10 times

What percentage of garbage in a landfill could have been recycled?

25%

75%

90%

50%

What should you do before you put a plastic bottle in the recycling bin?

Recycle the bottle and throw away the cap

Crush the bottle and make it as small as possible Don't recycle it, throw it away in the trash

Empty the bottle and put the cap back on.



See page 10 for answers!



'I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel.'

-Maya Angelou



#### NOTHING IS AS STRONG AS THE HEART OF A VOLUNTEER

JIMMY DOOLITTLE

#### **Education & Libraries CSP**

Co-Chairs: Margaret Lee & Donna Steele, Susan Mancuso



Education & Libraries have supported Cooper Academy for many years in various ways. Cooper Academy has undertaken a huge remodeling project and it is finally complete. The remodel removed all the outdoor walkways that connected one classroom to another. The building is much more free flowing, and it looks wonderful.

Cooper Academy will be hosting a book fair October 13-17. Jamie Stokes, Principal at Cooper, has requested some assistance from TWCC from 9:30 until 3:30. If you are available to donate an hour or more, please reach out to **Donna Steele** to arrange a time. Many thanks to **Rosemary Confrey** and **Nancy Berquist** for confirming their volunteer time in this endeavor. We definitely need more warm bodies for this project. Please consider giving an hour or two to show the importance of reading and having books available in the home.

Thanks to everyone who has already signed up for "Read for the Record" on November 14<sup>th</sup> at Cooper Academy. Reading will be from 9:30 to 10:30. Those that have committed to read are **Kari Murray**, **Maria Davis**, **Julie Ginsler**, **Nancy Berquist**, **Robin Sachsenheimer**, **Lynn Roman**, **and Joni Koch**. Your generous donation of time and kindness is overwhelming.

We also have some wonderful ladies who have signed up to give those wonderful teachers a bit of a break. Teachers typically don't get 'time off' for lunch, so just a few moments to collect their thoughts can be enormous for their mental wellbeing. **Denise Rogatnick, Nancy Berquist, Rosemary Confrey, and Joni Koch** have agreed to stroll the cafeteria on November 20<sup>th</sup>. Times available are from 10:45 to 1:15. Again, if you've got a few moments to spare these dedicated teachers can have

a few moments to take a deep breath and recharge.

The Education and Libraries CSP hosted the September General Meeting. We sure hope you enjoyed your "Back to School Lunch". Thanks to everyone who helped before, during, and after the meeting. We want to give a shout out to all that brought in supplies for Cooper Academy and Wilson's Mills.

We recently met with the *JOCO*, *USA 250* committee and they were very pleased to



hear that we have a ready-to-travel puppet show. Our puppet director, **Robin Sachsenheimer** has been asked to develop a puppet show about local individuals and families that were living in our county during the Revolutionary War. Give **Robin** a challenge and she's off and running!! She will be gathering information and developing a script that will be presented at Johnston County Community College on June 27, 2026. Our puppets will need to have new Revolutionary War outfits along with fact checking history for this production. Any assistance you can offer to lighten her load will be greatly appreciated. The puppeteers will also perform at our gazebo on July 4<sup>th</sup> with our CSP providing juice boxes and water.

### Night 'N' Gals



The **Night 'N' Gals** will meet via Zoom on MONDAY, October 13th at 7:00pm. This is open to any member who wishes to attend. The Zoom address will be emailed to members prior to the meeting.

Did You Know???? Some businesses around town offer discounts to seniors.

Airlines—varies

Alamo Car Rental with AARP membership

Amtrack—10%

Applebees—15% with Gold Apple Card

Arbys—10% locations vary

Clayton Steakhouse—15%

Chili's—10%

Dennys—15%

DoorDash 25% of 1st order of \$15 or more

Harris Teeter—5% (Thurs)

Hertz—20% off base rates

IHop—10%

Krispy Kreme- 10%

Lenscrafters—varies with AARP membership

Michaels—10%

Movie Theaters—varies

Nat'l Park Service Pass annual pass \$20

Outback—10%

Papa Johns—20% online

Pep Boys—10% instore

PetSmart—10%

Publix—5% (Wed)

Sonic—10%

Subway –10% locations vary

Texas Roadhouse—10%

UPS Stores—5%

Walgreens—20% on 1st Tuesday

Wendy's-10%

Be sure to inquire!! Some require completing an application and some require AARP membership (AARP is \$12.00)

#### **Arts & Culture CSP**

Co-Chairs: Angela Williams, Patty Jo Johnson, Dianne Carroll



On September 25<sup>th</sup>, **Patty Johnson, Betsy Grannis, Dianne Carroll** and **Brenda Hill** went to the Clayton Senior Center to help members make 'No-Sew Blankets' to donate to Sleep in Heavenly Peace. They were able to make three blankets. Thank you, ladies.

We have contacted the Clayton Center about discounts tickets for members of the club. Thanks to **Betsy Grannis** we got this:

The Woman's Club of Clayton members can purchase up to 2 discounted tickets to upcoming events at The Clayton Center. To receive the 15% discount, use the code TWCC when purchasing your tickets online or through the box office. Tickets can be purchased online at <a href="theclaytoncenter.com">theclaytoncenter.com</a>, or by calling the box office at 911-553-1737 Monday through Friday, noon to 5:00pm. (This offer excludes December 2025 events ).



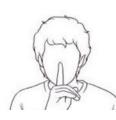






They are ALL Beauties!!

Some TWCC members doing selfies with some of the cast of **Beauty and the Beast** at DPAC in Durham. One of the stars (Belle) was Karen Keeslar's cousins niece!!!



<u>Silent Partner</u>—This program was established years ago as a partnership between The Woman's Club of Clayton and local schools to help meet special needs for students. We can thank **Belle Allen** and **Mavorine McLeod** (who are looking down at us from Heaven now) for starting this program. There will be a sign-up sheet on one of the tables

behind the chimney at each meeting if you would like to sign up. The sign -up sheet is done during the two-year administration term. We are on our second year, therefore, if you signed up last year, you are still on the list. We ask for \$25.00 when called upon. You are only asked one time during the two year term. **Brenda Gay** is the chair of Silent Partner. If a school counselor contact her for help, she will then call a name on the list



Please keep **Tina Zimmerman** in your thoughts and prayers as she has been experiencing some heart conditions and will undergo a procedure in early October

Melea Basom continues to need your prayers as she goes through a rough patch with gall stone/bladder issues.



Who do I Contact?

Member Illness
Susan Johnson

Clubhouse Rental Carrole Dayton

Newsletter Content **Judy Ryan** 

Clubhouse Repairs Angela Williams, Betsy Grannis, or Dianne Carroll

Membership Nancy Maynard

Bylaws
Sarah Brooks

Webmasters
Sarah Brooks
& Val Taylor

Silent Partner **Brenda Gay** 

#### Civic Engagement & Outreach CSP

Co-Chairs: Susan Johnson and Karen Keeslar



TWCC is one of over 900 clubs participating in the General Federation of Women's Club (GFWC) International Day of Service to stand united against domestic and sexual violence. Civic Engagement & Outreach led the club's International Day of Service project this year by partnering with Harbor House, which is Johnston County's only nonprofit agency for victims of domestic violence, sexual assault and families in transition. Since 1984, Harbor House



has provided victims with a variety of services and programs to aid them towards a life of violence to one that is violence free and encourages self-sufficiency. The mission of Harbor House is to provide help, hope, and safety to victims of domestic violence and sexual assault. We provided to the Harbor House over 50 gently used purses that were donated by club members. The purses and handbags are filled with essential toiletries that will be used by women escaping a violent environment.

The CEO Committee has adopted "USA250" as our theme for the year. The United States will be 250 years old on July 4, 2026, marking the 250th anniversary of the signing of the Declaration of Independence and the birth of the country. This milestone is known as the "Semiquincentennial." Commissions and committees have been formed at the national, state and county levels to plan for the commemoration of America's 250<sup>th</sup> anniversary. We met with the co-chairs of the Johnston County America 250NC Committee (JoCoUSA250), Allison Elsee and Todd Johnson, to learn about partnership opportunities for TWCC to honor the 250<sup>th</sup> birthday of our nation. JoCoUSA250 Committee has made significant progress since its inception and has secured \$40,000 in state grants for special projects. These projects include the creation of a historical tour guidebook featuring walking and driving tours of local historical sites, the installation of historical markers, and a mural in Downtown Smithfield honoring the Tuscarora people. They are planning a major public event on June 27, 2026, to celebrate Johnston County's 280th anniversary and the 250th anniversary of the Declaration of Independence. This event will feature a parade, living history encampments, and performances, alongside educational activities aimed at fostering a deeper understanding of the county's heritage among students.

There were many ideas for potential club projects that came out of our meeting with the JoCoUSA co-chairs. The co-chairs were excited to hear about the puppet shows that are organized by **Robin Sachsenheimer** as a great way to educate kids about USA 250. Likewise, they loved hearing about the "Art in the Park" projects helmed by TWCC Arts & Culture and have already provided us with colonial themed coloring pages. These are just two of the numerous ideas

that sprang from our meeting with Allison and Todd. They will be our speakers at the November 12<sup>th</sup> club meeting to provide more information about their activities.

Civic Engagement & Outreach will form a TWCC250 committee to steer our club's partnership with JoCoUSA 250. Much more to come.....







If you don't find your name-tag on the back table at the meeting, please see Nancy Maynard to have one made.





#### GFWC NC Arts Festival

Sharpen your pencils, clean your brushes, get out your fabrics, film for the camera, ribbons for your wreaths for the 2026 GFWC NC arts festival.

A sheet with Official submission rules and entry categories will be on each table at the October meeting.



Membership dues for TWCC are due by November 30th.

Regular Member Dues: \$85.00 (includes monthly meeting lunch)

Night-n-Gals Dues: \$55.00

There are three convenient ways to pay:

**Online Payment** Annual dues can be paid online at: TWCC Membership Due Please note: Online payments include a \$2.90 processing fee for a total of **\$87.90**.

By Mail

Renewing members may mail a check for **\$85.00** (regular members) payable to:

The Woman's Club of Clayton

P.O. Box 26

Clayton, NC 27528

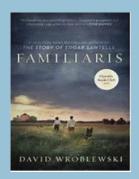
In Person - Bring a check to the October meeting

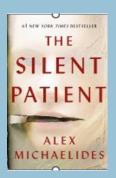


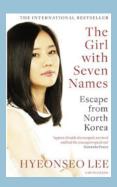
#### **ESO Book Club**

Chair: Brenda Gay











The ESO book club met at the home of **Brenda Gay**, ESO chair for The Clayton Woman's Club on Tuesday, September 2, 2025. Thanks to all who brought refreshments to enjoy before the book club meeting started. The fellowship and catching up with one another was wonderful after the break from the hot summer. Lots of traveling and reading was indicated by different members during the break.

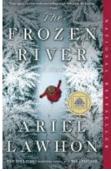
**The Summer Reading Project** was a Word Search from a Biography Section of Females in History. At the May 2025 meeting each member drew a name of a female in history and wrote a paragraph or two about the name they drew. Starting September 2025 – May 2026, members will discuss their person of history. Following are two members who discussed the names they drew.

**Brenda Gay** reported on Anne Frank and **Ginny Kennerly** reported on Indira Gandi. As a reader of this article, feel free to look up these names and read all about them.

There where several books reported on at the September meeting, listed as follows are three:

"Familiars" by David Wroblewski (Genre: HF) book report by **Jean Cornell**"The Silent Patient" by Alex Michaelides (Genre FM) book report by **Donna Steele** 

"The Girl with Seven Names" by Lee Hyeon-eso (Genres: IA/BM/WH) book report by **Robin Sachsenheimer** 



#### **New Zoom Book Group**

For those who attended the annual ESO meeting at GFWC-NC Convention this past April, it was decided to get together by Zoom at different times to discuss a book. **Our first Zoom Book Group meeting was September, 23, 2025** led by our GFWC-NC State Chair, **Lynn Wiss. Lynn** mentioned that there will be another Book Group Zoom meeting sometime in January 2026. Stay "tuned" for the date, times, and name of the book to be discussed.

The book, "The Frozen River" was the chosen book for our Zoom meeting on September 23<sup>rd</sup> at 7:15 which **Betsy Grannis** and **Brenda Gay** attended along with several others who attended the Zoom meeting. We all thought the book was a good read and also it was a Good Morning American Book Group pick.

The Frozen River" by Ariel Lawhon published 2023; (Genres: HF, FM, FG, & SS) Either of these genres can be used for completing ESO categories per our State Chair. It takes place in Maine, 1789 when the Kennebec River freezes, entombing a man in the ice, Martha Ballard is summoned to examine the body and determine cause. The book is inspired by the life and diary of Martha Ballard, a renounced 18<sup>th</sup>-centurty midwife who defied the legal system and wrote herself into American history.

ESO Book Club will meet at The Woman's Club on Monday, October  $6^{th}$  at 10:00.

We meet the first Monday of each month at The Woman's club unless other plans are made and communicated. If any club member has an interest in joining the ESO book club, please refer to the ESO September article for information on how to join or call **Brenda Gay**, Chair at 919-763-7117-C; E-mail: bmgay82@gmail.com



## Things to bring to the September meeting:

- Old sneakers
- Wine corks
- Old eyeglasses
- Bingo prizes for seniors
- Quarters for Women's Suffrage Monument in DC.
- Snacks for Boys/ Girls Club –see pg
   3 for list



In the event of illness or bereavement, members are encouraged to contact Susan Johnson if assistance is needed with meals, errands, etc. Call/Text 919-522-7746 or email gr8100rn@aol.com





#### **Answers to Recycle Quiz on Page 4**

**1b.** This package may be recycled - Not all items with the recycling symbol can be recycled everywhere. The number inside the recycling symbol helps identify the type of material, so make sure to check your local recycling guidelines to avoid contamination!



- **2b. False -** Plastic bags can easily get caught in machinery at recycling facilities. Instead, you can look for drop-off locations at certain retailers like Target, WalMart, Safeway, and more. Always check with your local waste management department for guidance.
- **3c. Forever** Aluminum cans can be recycled and turned back into new cans in as little as 60 days—then the cycle starts all over again!
- **4b. 75%** 75% of the trash Americans throw away could be recycled about 4.4 pounds of trash every day.
- **5d. Empty the bottle and put the cap back on** When you leave the cap on a plastic bottle, it prevents small caps from getting lost in the sorting process and ensures both the bottle and cap get recycled properly. Removing the cap used to be advised, but new recycling technology allows both to be processed together!

#### Page 1<sup>2</sup>



Brenda Gay participated in the Performing Art part of the Johnston County Senior Games on May 8,2025. She won first place playing her Drum



NOTICE

The newsletter deadline is usually the 25th of the month but for the November newsletter, the deadline date will be **OCTOBER 18th**. You will receive an email reminder on October 11th.



# GFWC-NC DISTRICT 8 OFFICIAL CALL DISTRICT FALL MEETING Saturday, October 11, 2025



The Walk at East Village Clubhouse 49 Bladen Place Clayton, NC 27527

I hereby call all District Officers, District Chairmen of Community Service Programs and Committees, Club Presidents, and all Clubwomen in District 8 to the 2025 District Fall Meeting to be held at The Walk at East Village Clubhouse in Clayton, on October 11th.

Betsy Grannis, District 8 President 919-306-5804, begrannis57@gmail.com

#### **Preliminary Schedule**

9:00 am Registration - Coffee and Refreshments

10:00 am Call to Order and Welcome

Roll Call of Clubs Memorial Service

Greetings from GFWC-NC -

GFWC-NC 3<sup>rd</sup> VP and Director of Junior Clubs Rebecca Duffy GFWC-NC Director-Elect of Junior Clubs Brittany May

History of District 8 Treasurer's Report

Announcements: Scholarships, LEADS, SSF Contest, CCWC

Service Project

12:00pm Adjourn



SMITHFIELD — Soon, children taken from their homes because of abuse or neglect will have a safe, comforting place to stay while awaiting a foster home.

The Johnston County Board of Commissioners on Sept. 15 signed an agreement with Isaiah 117 House, a nonprofit that builds houses for children awaiting foster care.

"This quite literally has been a labor of love for all who are involved in this project," County Attorney Jennifer Slusser told commissioners.

# Volunteer

























Welcome to all our new members!!! Please invite these new dynamic ladies to join you at the October meeting. Please welcome:

Janet Cowell—she will be working with Health & Wellness

**Deborah Newman**—she will also be sharing her talents with Health & Wellness

Barbara Rossway—she is also being welcomed to the Health & Wellness CSP

Chayaderi Mysore—she will be very impressive with Arts & Culture

Linda Soporito—she will be helping with Civic Engagement & Outreach

Bernadette Beck—she will be totally awesome with Arts & Culture

Nancy Conte— CSP assignment TBA

Pam McIntosh—photo and CSP assignment TBA





Have you ever considered that God has fallen in love with you?

He sends you flowers every spring. He sends you sunshine every morning. Whenever you want to talk, He listens to you. He can live anywhere in the universe, but He chooses your heart. Amen

Hope in Life with GOD by Petricia Hole





#### TWCC Halloween Social

Date: October 30, 2025

Time: 6pm-8pm

Location: TWCC Clubhouse



Note: Members only event (no guests or spouses). Sign-up Genius will be used for RSVPs so check your email the first of October.

Food: Each attendee is asked to bring an appetizer or dessert with serving utensils. Members who bring Halloween themed food items will be judged for best-themed item and receive a gift.

Costume Contest: 5 candidates will be selected for best costume and then members in attendance will vote on their favorite. The winner will receive a gift.



Second Annual Southern Women's Show of JoCo held 9/12 to benefit the Harbor House.

L-R

Emily Stocks, Trish Perna, Karen Keeslar, Kay Johnson (Exec Director of Harbor House), Dianne Carroll, and Becky Seroka.

#### CALL to the GFWC Southeastern Region Annual Meeting and Conference

All Clubwomen belonging to the GFWC State Federations of Kentucky, Maryland, North Carolina, Tennessee, Virginia, West Virginia, and the District of Columbia are hereby called to the GFWC Southeastern Annual Meeting and Conference.

#### October 23-25, 2025 The Hotel Roanoke & Conference Center

110 Shenandoah Avenue Roanoke, VA 24016 540-985-5900 Room rate per night based on single/double occupancy + taxes \$239.00

\$20.00 each additional person, per day plus taxes

Parking Fees: Overnight Self-parking \$18.00/day Valet Parking \$28.00/day

Daily Self-parking \$6.00 - \$12.00

Hotel Code:

Reservations: <a href="http://www.cvent.com/en/event-management-software/passkey.shtml">http://www.cvent.com/en/event-management-software/passkey.shtml</a>

Reservations Deadline for Group Rate: September 22, 2025

Hostess State: GFWC Virginia Conference Chairman: Kathryn Sowers

GFWC VA President: Susie Mowry
GFWC Theme – Living the Volunteer Spirit

GFWC President's Theme -Leadership Reimagined!

GFWC SER Theme -Women Creating Positive Change ... Living the Volunteer Spirit

The purpose of the Region shall be to provide a better understanding of the structure, programs, and challenges of the General Federation of Women's Clubs.

Standing Rules VI. Meetings D. Representation

The voting body of the GFWC Southeastern Region for all meetings shall consist of the Region Officers, the Chairmen of the Standing Region Committees (Budget and Finance, Financial Review, and Standing Rules) appointed by the Region President, Special Region Committees (Elections, Evaluation, Minutes Review, and SER Fund Raising) appointed by the Region President, and Presidential Appointments made by the Region President (Chaplain, Historian and Protocol Chairmen); GFWC International Past Presidents in the Region; Past Region Presidents; elected Officers of GFWC residing in the region; fifteen (15) delegates from each member State Federation and the District of Columbia including the State President and the State Director of Junior Clubs. The procedure for selecting the State Federation delegates shall be left to the discretion of the State Federation.

The Presidents of each member State federation are requested to provide copies of the CALL to all member clubs, appropriate officers, and chairmen in their state.

#### 2024-2026 GFWC Southeastern Region Officers

President Reno Eitel Maryland
Vice President Sharon Sheridan West Virginia
Secretary Kelly Lane Virginia
Treasurer Jan Allen North Carolina

GFWC International President Suellen Brazil and GFWC President-elect Wendy Carriker will attend and bring greetings

Committee reports will include Budget and Finance, Jennie Awards, the Nominating Committee,

Standing Rules, and the Election of 2026-2028 Officers and others.

State Presidents and Directors of Junior Clubs will be showcased as we share Federation accomplishments.

The 2025 LEADS delegates from SER will be introduced.

The SER President's Special Project will be highlighted with a hands-on activity.

GFWC Tennessee will invite us to their state and share information about the Southeastern Region Conference 2026

to be held in Tennessee.

Join in the fun and fellowship of Federation at our SER Conference as we continue Creating Positive Change ... Living the Volunteer Spirit

GFWC Southeastern Region President 2024-2026

Please see Standing Rules for Nominations / Elections and Registration Form on the back table at the October meeting.

### **Recipe Corner**



#### Recipes Provided by Judy Ryan



Do you have club member news, personal announcements, family news, personal achievements or recipes to share with club members?

Please submit items by the **25th** of the month to the "Club Chatter" Editor, Judy Ryan jaryan612@gmail.com



Each month will feature recipes by category

November—Thanksgiving

Send your favorite recipes to jaryan612@gmail.com



#### **Creamy Parmesan Polenta**

#### **INGREDIENTS**

- 4 cups chicken stock
- 2 teaspoons minced garlic (2 cloves)
- 1 cup yellow cornmeal (prefer stone-ground)
- 1 Tablespoon Kosher salt
- 1 teaspoon fresh ground pepper
- 1 cup freshly grated Parmesan cheese + more for serving
- 1/4 cup crème fraiche
- 2 Tablespoons unsalted butter



#### **DIRECTIONS**

Place the chicken stock in a large saucepan. Add garlic and cook over med-high heat until the stock comes to a boil. Reduce the heat to medium-low and very slowly whisk in the cornmeal, whisking constantly to make sure there are no lumps. Switch to a wooden spoon, add the salt and pepper, and simmer, stirring almost constantly, for 10 minutes, until thick. Be sure to scrape the bottom of the pan thoroughly while you're stirring. Off the heat, stir in the Parmesan, crème fraiche, and butter. Taste for seasonings and serve hot with extra Parmesan cheese to sprinkle on top.

#### Cream Cheese 'Hand' for Halloween

#### **INGREDIENTS**

1 blocks cream cheese (softened)
5 sticks Mozzarella String Cheese
6 oz Prosciutto Di Parma
6 oz uncured smoked deli ham thinly sliced
16 oz sharp Cheddar cheese shredded
1 pkt Hidden Valley Ranch dip mix
Sliced black olives
ketchup



#### **DIRECTIONS**

Using a food processor, pulse together cream cheese, shredded cheddar cheese and dip mix. Don't over mix. Set aside. Trace your hand and wrist onto a sheet of parchment paper. Cut it out and place drawn side down onto a large cutting board or platter. Set aside.

Cut each mozzarella stick the length of 4 fingers and a thumb.

Roll each up in a layer of prosciutto and place in it's respective spot on the parchment paper.

Over the palm and wrist portion of the parchment, spoon over the cream cheese mixture, form into shape. Layer slices of prosciutto and ham over the entire thing. Tuck in or cut of any meat that hangs over. Cover with plastic wrap and chill for several hours. Place the black olives where the finger nails would be. Stab a knife into the hand or wrist and drizzle some ketchup by the knife for effect! Serve with crackers.

# October 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Yom Kippur	2	3	4
5	6 ESO	7	8 General Meeting	9	Gracie Chamblee Susan Johnson Columbus Day	11
Marlene Dillon Ruth LaRocca	13	House of Hope meal	15	16 Sarah Brooks	17	18
19	20 BOARD MEETING  Exec Board	21 Night n Gals	22 Trish Perna	23 Clayton Harvest Festival	24 Boo Bash	25 Cindy Kouhout
26  Janet Cowell	27	28	29 Becky Stewart	30	31 Halloween & Downtown Trick or Treating	