The Woman's Club of Clayton 109 Church St Mailing Address: PO Box 26 Clayton, NC 27528 twccnc.org

NC General Federation of Women's Clubs www.gfwcnc.org



The Woman's Club of Clayton is a member of the General Federation of Women's Clubs (GFWC), an international women's organization dedicated to community improvement by enhancing the lives of others through volunteer service.

Officers President Betsy Grannis 1st Vice President Sarah Brooks 2nd Vice President Brenda Hill Recording Secretary Loretta Mascia Corresponding Secretary Susan Johnson Treasurer Judy Ryan

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Club Chatter



Volume 2020, Number 8

From Our President Betsy Grannis

Gosh, November! It is hard to imagine we have been surviving and thriving during this pandemic for six months now! We are doing our very best and it seems to be working - our two sessions of our regular meetings have been well attended and we are happy to see all those members who have been able to come. At the end of October, we reinstated our monthly virtual meetings, on the fourth Wednesday of the month, in order to be able to visit with some of our members who we aren't able to see in person. That is great!!

Our November meeting will fall on **Veteran's Day** this year. The Health and Wellness CSP and Civic Engagement and Outreach CSP will be honoring our veterans.

Since we have all been staying home more, we should have lots of entries in the **Clubwoman craft** and literature categories for our Arts Festival in February. Please take time to look over the categories and get that project done – your submissions are to be completed in this current year. I, myself, have a crocheted sweater that I have completed; and possibly one or two other items to enter. Get busy!

We are looking forward to our **BBQ Fundraiser** on November 7th from 11am – 5pm! Brenda Hill and her committee are doing a wonderful job of preparing for a terrific event. Please contact Sarah Brooks for tickets – we would like to get a good estimate on how many sandwiches and hot dogs we will be making.

Our **Pie in the Sky** sales are going well. We have flyers available if you are able to post them in your community or in places that you frequent. Pies will only be made to order, so get your request in early! They will be available for pick up at the clubhouse on Tuesday or Wednesday, November 24th or 25th; but if you are headed out of town and need to make arrangements to pick up early, I am pretty sure we could be talked into it!

The Environment CSP is working overtime to get the Candyland game installed at the garden this last week of October! Thanks to Melissa Francis for spearheading this effort and for everyone who will be there to put everything in place. What an amazing feat! Please share the attached Candyland flyer with everyone you know we want as many folks as possible to enjoy this great addition to downtown Clayton!

Brenda Gay has volunteered to head up the decorating of a Sunflower Christmas Tree for the **Festival of Trees** hosted by the WIN group on December 5th at Instill Distillery. If you have any sunflower Christmas or-



naments, ribbon, etc., or if you are interested in helping with the decorations on the tree, please contact Brenda. The flyer for the actual event is attached for more information.

We will be participating in the Christmas Kids program, where we shop for underprivileged children this year. The Civitan Club has pledged their assistance, which will make it possible for us to provide for our kids. We will also be participating in the Golden Wishes program, where we provide gifts for needy seniors in Johnston County. We will have signup sheets at our meeting for both of these worthy projects.

I leave you with this quote for November:



November 2020

October Meeting Highlights

Page 2



11/15 Rachel Masimore
11/21 Betsy Grannnis
11/22 Sandy Harrison
11/24 Sandy Nesselrode



Our "Special" nonmember has a birthday October 31st.

Happy Birthday Jim Quinn!

Hospitality Team

In the event of illness or bereavement, members are encouraged to contact Marlene Dillon if assistance is needed with meals, errands, etc. Call 315-559-7240 or email marlenedillon4@icloud.com

The October meeting was comprised of two sessions on October 14th with 16 members attending the 10:00 session and 21 attending the 1:00 session.



The clubhouse was a sea of pink in recognition of

tion of Breast Cancer Awareness Month

and beautiful photographs provided by the speaker. The meeting was hosted by the **Arts and Culture CSP.**

Breast Cancer survivors were recognized by the Health and Wellness CSP. **TWCC Breast Cancer survivors** are **Brenda Hill, Patty Jo Johnson, Belle Allen, Peggy Earp, Marianne Sapsara.**

Klaus LaRocca, photographer and husband of TWCC member Ruth LaRocca, presented a wonderful program featuring his beautiful photographs from around the world including Morocco,



Egypt, Easter Island, Guatemala and the Galapagos Islands. He has photographed for 56 years, starting with film and moving to digital 12 years ago. He is now doing infrared pho-



tography. His photographs were featured at the Clayton Center in February. Many of his pictures were placed

throughout the clubhouse and were available for purchase.

Highlights from the meeting:

- Virtual gatherings will be held the 4th Wednesday of each month at 10:30am. This will be a 'social' gathering to catch up on members—especially those that are unable to attend meetings in person.
- **Constitution & Bylaws Committee** Chair, Susan Quinn, presented proposed revisions to the Constitution & Bylaws for member approval. The proposed changes were ap-

proved unanimously at both sessions.

- 2 TWCC projects were included in the 2019 GFWC Top Ten Projects List—Snoopy Playground and Tar Heel Traveler event.
- **BBQ Fundraiser** will be held Saturday, November 7th, 11am-5pm. Contact Brenda Hill to volunteer to help. Contact Sarah Brooks for tickets. (Flyer at end of newsletter)
- **Candyland Installation** (sign up to help install Candyland at the Community Garden, October 26-30: 10am-Noon, Noon-2pm, 2pm-4pm. Contact Rachel Masimore or Trish Perna to volunteer for the installation. (Flyer at end of newsletter)
- Send Sarah Brooks recipes for slow cooker meals and breakfast recipes to be included in future newsletters.
- Pie in the Sky fundraiser will be Nov. 24-25 so folks can buy pies for Thanksgiving. 4 types of pies will be available for pre-sell, \$20 each. Contact Betsy Grannis if you are interested in baking. (Flyer at end of newsletter)
- Donna Steele is working on plans for a Virtual Gala. Details will be forthcoming.
- Sarah Brooks recognized the TWCC Webmaster, **Tim McCauley**. He does occasional work for us and is not charging for his services.

Brenda Hill made a plea for the **puppets** who are in need of a new home. Sandy Nesselrode and Brenda Gay volunteered to take over the Puppeteers— Thanks so much ladies!!



- Donna Steele reported on a **Pollina**tor **Garden** that will be developed at the library in the Spring. TWCC members will arrange for the labor to install the garden.
- Health and Wellness CSP requested members to sign up to prepare meals for House of Hope. Meals will need to feed 8 persons and include main course, bread and dessert. Meals need to be in disposable containers. Volunteers are needed for Nov. 16 and Dec. 15.



Bring any leftover yarn to the November meeting. It will be used to create an Afghan of Many Colors!



As last month, the Nov 11th TWCC meeting will be held in **2** sessions. To ensure social distancing, each session will be limited to 25 persons.

Members will receive an email with sign up instructions using **Sign-Up Genius**. For members that do not use email, call or text Sarah Brooks (919-601-7959) at least 48 hours prior to the meeting to sign up.

Guests can use the "Contact Us" tab on the TWCC website (twccnc.org) to sign up or they can call Sarah.

Arts & Culture CSP Co-Chairs: Angela Williams, Faye Brooks, Dianne Carroll

B

A big **Thank You** to members who donated adult coloring books, colored pencils and snacks for residents at the **Clayton Senior Center**. Pictured at right are Center resident Hazen Wilson with TWCC members Connie Keller and Angela Williams.



We look forward to seeing the transformation of the **blank cards** that members and their families have decorated for Christmas, birthdays, or thinking of you cards. **Members are requested to bring the decorated cards to the November meeting.** Cards will be donated to Meals on Wheels to be delivered in December with meals and also donated to the Clayton House for residents or donated to the Fisher House for military personnel and their families. Birthday and Thinking of You cards will be sent to our Honorary Members or members who need them.

We will continue to collect scraps of crochet/knitting yarn to make our **afghan of many colors**.

The Arts & Culture CSP is donating \$100 toward a revival of the music competition as part of the Arts Festival. **Brenda Gay** will be leading this effort.

Civic Engagement & Outreach CSP Co-Chairs: Betty Lou Evans and Janet Williams



The Civic Engagement & Outreach (CEO) CSP will provide the program for the November meeting. The guest speaker will be **Jim Braxton** with the American Legion. How appropriate since the meeting is on Veteran's Day!! CEO will also be collecting items for **Fisher House at Fort Bragg**. Please bring any of the following:

Cleaning Supplies:

Clorox Cleanup for the bathroom (sink and tub) Clorox Shower Cleaner Clorox Kitchen Cleaner Dawn Dish Detergent Dish washing liquid or pods Downy Rinse for wash machine Bleach bottles

Food/drink Supplies:

Single serving cold cereals and warm cereals Single serving chips/crackers/cookies Single serving cheese snacks





Absentee Voting Deadlines:

Ballot must be **received** by <u>November 3, 2020</u>

NOTE: The completed ballot must be received by the elections office by 5 p.m. on the day of the election.

Election Day November 3, 2020; Poll Times: 6:30am-7:30pm

Health & Wellness CSP Co-Chairs: Nancy Maynard, Marybeth Bailey







At the October meeting Health and Wellness recognized the members of our club that are **breast cancer survivors**. We are inspired by your strength, ladies. Thank you for sharing your experiences with us. May God continue to heal you as we continue to pray for you and for a cure. Survivors present at the meeting were Peggy Earp (pictured far left), Brenda Hill, Marianne Sapsara and Patty Jo Johnson. Health & Wellness CSP Co-chair Nancy Maynard presented survivors with a gift.

Thank you to those that signed up to volunteer for **Back Pack Buddies.** We will continue to have a sign-up sheet at the meetings. Please consider giving an hour to these children that need Backpack our help. For more information contact Marie Monsees at (919) Bull ales 553-5289



On Monday, Oct 19th the **House of Hope** residents and staff were treated with a delicious meal prepared by Judy Ryan and Betty Francies. Thank You ladies!

Health and Wellness will be hosting the November meeting. Our theme will be all about our **Veterans** since the meeting falls on Veteran's Day. All members are welcome to bring pictures and/or short stories of the veterans in their lives. We will have them displayed on the buffet in the back of the club house.

We will be collecting items for the **Clayton Area Ministries**. They are especially in need of these items: canned fruit, canned vegetables, cereal, mac and cheese, jelly, pasta, baked beans, toilet paper. Thank you for your generosity.



Another beautiful warm sunny day for walking. We felt like real "trail blazers" on the newest preserve in our area. Bailey and Sarah Williamson Preserve is located at 4409 Mial Plantation Rd, Raleigh (only 8 miles from the club house). We highly recommend you check it out!

Thank you for the donations of large print books and easy puzzles for our donations to the retirement centers. The residents really appreciated them.

November is National Hospice Month. Please say an extra pray for the patients, families and caretakers that might be feeling overwhelmed.



Environment CSP Co-Chairs: Rachel Masimore, Trish Perna, Susan Quinn

Candyland is being 'put together' October 26-29 and will open to the public on October 30th. Members will be needed to help staff this fun event for the kids. Please let Rachel Masimore or Trish Perna know if you are available to provide assistance any time between October 30-January 4th. A flyer for this event is attached at the end of the newsletter. Help get the word out!





Walking Group participants: Betsy Grannis, Brenda Hill with her dog Cash, Sarah Brooks, Rhonda Nielsen, and (not pictured) Nancy Maynard



BBQ Fundraiser Pie in the Sky Fundraiser **Backpack Buddies Decorate Greeting** Cards **Candyland Project Silent Partner** Hospitality Meals for House of Hope

Education & Libraries CSP Co-Chairs: Brenda Gay, Margaret Lee





Things to bring to the November meeting: •Cleaning supplies and/or Food/Drink items for Fisher House at Fort Bragg. (See CEO CSP) •Pictures of veterans

•Food items for Clayton Area Ministries (see H&W CSP)

 Money to buy Sunflower Glasses, Cups, Vases

•Check/cash for payment of 2021 dues (\$75 day members; \$55 night members)

•Leftover yarn

 Decorated greeting cards for A&C CSP project



The Education and Libraries CSP is preparing to send out **scholarship** information to our three high schools, Clayton, Cleveland and Corinth Holder, in order for guidance counselors to let these students know that we will begin interviews after first semester exams, sometime in January of 2021.

We will once again be interviewing students for our **Sallie Southall Cotten scholarship** recipient. The Sallie Southall Cotten

Scholarship shall be awarded to an outstanding senior (male or female). The student must be a North Carolina high school senior and be planning on attending school in a four year North Carolina college or university.

The **Sybil Champion Community College Scholarship** is available to any North Carolina high school senior who is planning on attending a two year community college in North Carolina.

We are still taking orders for **sunflower wine glasses**. They are already handcrafted and ready for sale. Please contact Brenda Gay with your orders!

The Woman's Club of Clayton provided special items that were used for the recent **District meeting** that was held at our clubhouse. The Club donated several sets of hand painted sunflower

Margaret Lee invites you to learn more about Charcot -Marie-Tooth dis-

ease by going to the movies! Go to https://www.hnfcure.org/cmt-movienights/ to learn more.

glasses for the District auction and from that we contributed



\$100 for the glassware that was auctioned off.

Covid is still preventing us from going into the schools. We just want to send out our well wishes to all administrative staff, teachers, custodians, and bus drivers, and especially to the STUDENTS! We are thinking about you and continue to pray for your safe keeping!

Night 'N' Gals

Chair: Robin Sachsenheimer



The **Night 'N' Gals** met on October 15th at the clubhouse. Betsy Grannis and Sarah Brooks updated members on club news/activities. There was one guest, Lynn Roman.

The next meeting will be November 12th at 7pm. If you know anyone that may be interested in joining this group, please invite them to attend!

Unnual Dues

MEMBERSHIP

RENEWAL

Dues are Due by **Dec 1** Day members-**\$75** Night'n'Gals-**\$55**

Make checks payable to The Woman's Club of Clayton and send to:

The Woman's Club of Clayton PO Box 26 Clayton, NC 27528 BBQ Fundraiser

Chair: Brenda Hill



Volunteers needed for **BBQ Fundraiser** on Saturday, November 7th! Folks are needed to put the sandwiches together in the clubhouse, take orders as folks drive/walk up, bag the dinners, etc. If you are able to volunteer, please contact **Brenda Hill**, call or text 919-247-7617 or email <u>silver1188@aol.com</u>.

If you need tickets to buy/sell, contact **Sarah Brooks** at 919-550-0874 or email sbrooks@twccnc.org.

A flyer for the event is attached at the end of the newsletter. Help get the word out!!

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ESO Book Club

Chair: Brenda Gay





November 2 ESO Book Club TWCC Clubhouse 10:00am

November 7 BBQ Fundraiser TWCC Clubhouse

November 10

Health & Wellness CSP to set up for meeting sessions 10:00am

November 11 TWCC Meeting TWCC Clubhouse

Session 1 10am-11:30am

Session 2 1pm-2:30pm

(Email with sign up instructions will be sent out 10 days prior or call/text Sarah Brooks at 919-601-7959 to sign up)

November 12

Night 'N' Gals TWCC Clubhouse 7pm

November 17 TWCC Executive Board TWCC Clubhouse 10:00am



SAVE THOSE QUAR-TERS LADIES! You will learn why very soon!!



ESO (Epsilon Sigma Omicron) book club had their meeting at The Woman's Club on Monday, October 5, 2020. Members present were Betsy Grannis, Betty Lou Evans, Jo Howard, Margaret DiNubila, Nancy Maynard, Patty Jo Johnson, Loretta Mascia, Donna Steele, Marianne Sapsara, and Brenda Gay.

We reported on some great READS and although all of the books that were reported on cannot be listed, I have listed three:

- **The Giver of Stars, by JoJo Moyes** A novel based on a true story rooted in America's past. Women who faced all kinds of dangers who were committed to their jobs, bringing books to people who never had any, arming them with facts that would change their lives.
- The Immortal Life of Henrietta Lacks, non-fiction by Rebecca Skloot Story about Henrietta Lacks' cells taken without her knowledge in 1051 which became one of the most important tools in medicine.
- The Live-Changing Magic of Tidying Up: The Japanese Art of Decluttering and Organizing, by Marie Kondo Novel that will teach you KonMariMethod of Tidying Up.

We welcome any member who would like to join the ESO book club. If you like to read, call Brenda Gay at 919-763-7117 or email: <u>bmgay82@gmail.com</u>.

We miss Edie Brown (on leave of absence) and Mary Sinzdak (who is no longer a member).

The ESO book club will be meeting at The Woman's Club on **Monday**, **November 2nd at 10:00 a.m**. We will wear our masks and "be Distant". Note: We usually meet the first Monday of each month.

Stay safe, Brenda Gay, ESO Chair

PS Being positive in a negative situation is not naïve, its leadership - Unknown

Art Festival

Chair: Susan Johnson



The **2021 Art Festival** is in the planning stages. Once again student and club women entries will be accepted. The

categories have been revised by the GFWC-NC art committee and the guidelines are available on the TWCC website under Member Resources or Angela Williams has copies for clubwomen. **Peggy Earp** is leading the literature selections for club women and for students. **Susan Johnson** is directing the student art selections and will coordinate with the Clayton area art teachers with assistance from committee members. The date for the festival is **February 4, 2021** at the Clayton Center. We are going ahead with our planning stages as if the Festival can occur in person. With virtual schooling, it will be difficult but not impossible for the students to create their works. There may be fewer entries this year but we hope to fill the lobby of the Clayton Center with displays in February, both student and club women.

I wish you a really quick recovery. Hope you become your amazing self again!



Marlene Dillon has recovered from Covid-19 but her energy level is still low. She is staying away from large gatherings.

Robin Sachsenheimer has had a rough recovery from rotator cuff surgery.

Ramona Cash suffered a fall and is recovering at a rehab facility.

Sarah Brooks is having hip replacement surgery on November 9th.

Nancy Maynard is having hip surgery on November 17th.



TWCC member Jessica Bull's father passed away in New Orleans. Jessica and her mother, TWCC member Cathy Carter, have been traveling to New Orleans to care for him.



GFWC-NC District 8

GFWC-NC District 8 met on Saturday, October 17 at the TWCC Clubhouse. The meeting was well attended by TWCC members including District 8 officers Rachel Masimore (President), Susan Johnson (Vice-President) and Peggy Earp (Parliamentarian). Jessica Rigouard from Down East Woman's Club (Secretary/Treasurer) was also in attendance. Guest speaker for the meeting was Stephanie Wallace, GFWC Second Vice-President (*pictured at left*).

President: Rachel Masimore

A silent auction was held as a fundraiser for the district and raised \$300. Thanks to everyone who contributed items for the auction!





Top Left: Trish Perna and Brenda Hill (District 8 Arts & Culture CSP Chair) Top Right: Loretta Mascia, Joanne Cassone and Susan Quinn



Top Left: Sarah Brooks, Loretta Mascia, Peggy Earp (District 8 Parliamentarian) and Rachel Masimore (District 8 President); Top Right: Nancy Maynard, Brenda Gay (District 8 Health & Wellness CSP Chair), Donna Steele (District 8 Civic Engagement & Outreach CSP Chair), Susan Johnson (District 8 Vice-President), and Betsy Grannis









Harmony Playground at East Clayton Community Park is now open!!

The park is designed to be a oneof-a-kind Inclusion Play destination inviting and enabling children of ALL abilities to play together in a safe, educational and supportive environment where families, caregivers and citizens in support of inclusion come together.

Betsy Grannis, TWCC President, and Donna Steele, TWCC Immediate Past President, represented the club at the Harmony Playground Groundbreaking Ceremony on October 22nd. TWCC pledged to donate a total of \$15,000 over 3 years.

TWCC is recognized as one of the playground supporters on the wall sculpture.

Be sure to visit the park, 10 years in the making, and see what a wonderful addition it is for the **Town of Clayton!**

















I was born December 20th in St. Louis, Missouri. My sister who is two years older constantly reminds me that I was NOT on her list to Santa. I am the middle child of three which in my opinion explains my love of independence. I have been married for 38 years to a man I originally tried to fix



up with my roommate, Terry (*pictured at left*). We have four grown children (*3 are pictured above right*). Our daughter lives in Knightdale, one son is in Milwaukee, and two sons live in South Korea. Thank goodness for Skype!

After graduating high school, I worked for Western Union for 14 years. My job was transferring to Reno, Nevada and we wanted to start a family and were not ready to uproot; so, I retired.

We had our four children within five years and my new "career" began (*pictured at right*). At one point I found myself working four part-time jobs to help support all their activities such as scouts and sports. It was worth all of it!

We moved to a Chicago suburb when my oldest was entering high school. I started working for the Target Corp as something to do during the day. It turned into an 18year career.





My husband finally decided to retire in 2018 and

after discussing the many possibilities of places to live, we chose Clayton, NC. Part of the reason we liked Clayton was because you can get to either the mountains or the ocean within a day's drive. I did not want to miss out on the fun so I retired for the second time.

We spend a good amount of time walking on the endless number of trails in the state, visiting the wineries, especially in the western part of the state, watching college sports and spoiling our dachshund Gretchen (*pictured at left*).

I knew when I retired that I wanted to spend some of my time giving back and hopefully helping others. I am an active member of the Ladies Guild and Food Pantry at my church. I usher for The Clayton Center and of course I try to do my part in TWCC. I became a co-chair of the Health and Wellness (formerly known as Home Life) CSP in the fall of last year. I have really enjoyed getting to know everyone. It fascinates me that so many with different backgrounds and experiences can come together to accomplish so much.

Other information:

Favorite sport team: St Louis Cardinal baseball team Favorite trip: Oia, Santorini, Greece Bucket list: Trips to Tuscany, Italy, Ireland, Sweden









Recipe Corner—Slow Cooker Recipes

RECEIPE TO A

Slow Cooked Pulled Pork Shoulder

Recipes provided by Angela Williams



Notify Susan Johnson, Corresponding Secretary, if a card from the club needs to be sent to anyone



Each month will feature recipes by category

November—Slow Cooker December—Breakfast January—Beef February—Pies March—March Madness April—Breads May—Poultry

Send your favorite recipes to sbrooks@twccnc.org **Ingredients** 6 pounds boneless pork shoulder Salt and Pepper 1 onion, chopped 1 cup water 1 cup apple cider vinegar 5 oz. liquid smoke 1/2 cup soy sauce 1 cup light brown sugar

Recipe from Our State Magazine



Directions

- Trim pork of any excess fat. Sprinkle with salt and pepper liberally on all sides.
 Place in a large Ziploc bag and refrigerate overnight.
- Scatter onion over bottom of slow cooker and place pork on top. Add water, vinegar, and liquid smoke. Cover and cook on low until very tender, about 8 to 10 hours. Remove meat and let cool.
- When cool enough to handle, pull meat into thin shreds, removing all fat and gristle. Skim excess fat from liquid in slow cooker.
- Return pulled pork to slow cooker and stir in soy sauce and sugar. Cook for an additional hour on low.

Pork Chops and Dressing

- **Ingredients** 1 cup diced dried fruit and raisin mixture*
- 1 cup Progresso[™] chicken broth (from 32-oz. carton) 1/2 cup apple juice
- 3 tablespoons margarine or butter
- 1/4 teaspoon cinnamon
- 1/8 teaspoon nutmeg
- 1 (6-oz.) pkg. herb-seasoned one-step stuffing mix
- 4 (4-oz.) boneless pork loin chops (about 1/2 inch thick)
- 1/8 teaspoon salt
- 1/8 teaspoon pepper

Directions

- In large saucepan, combine dried fruits, broth, 1/4 cup of the apple juice, margarine, cinnamon and nutmeg. Bring to a boil. Stir in stuffing mix. Remove from heat.
- Arrange pork chops in bottom of 3 1/2 to 4-quart slow cooker. Pour remaining 1/4 cup apple juice over pork. Sprinkle with salt and pepper. Top with stuffing mixture.
- Cover; cook on low setting for 5 to 6 hours.
- Remove stuffing from slow cooker; place in serving bowl. Stir gently; serve pork with stuffing.

Corn Chowder

- **Ingredients** 1 lb. small red potatoes, cut into 1-inch cubes
- 1/2 cup chopped onion
- 2 bags (12 oz each) frozen whole kernel corn
- 3 cups chicken broth (from 32-oz carton)
- 1 teaspoon salt
- 1/2 teaspoon ground pepper
- 2 cups half-and-half
- 2 tablespoons cornstarch
- 1/2 lb. bacon, crisply cooked, crumbled

Directions

- In 3 1/2- to 4-quart slow cooker, mix potatoes, onion, corn, broth, salt and pepper. Cover; cook on High heat setting 3 to 4 hours or until potatoes are tender.
- In small bowl, beat half-and-half and cornstarch with whisk until smooth. Stir half -and-half mixture and bacon into corn mixture. Cover; cook 10 to 15 minutes longer or until slightly thickened.





Recipes provided by Sarah Brooks



We now have 13 signed up for Bunco!

With so many club activities going on in November and December, we will plan to start up the Bunco group in January.



Recipe Corner—Slow Cooker Recipes



Braised Short Ribs

Ingredients

- 4 1/2 pounds 3-inch-long beef short ribs Coarse kosher salt 2 cups dry red wine 1 14.5-ounce can diced tomatoes in juice 1 6-ounce package sliced button mushrooms
- 1/2 cup finely chopped onion
- 6 garlic cloves, peeled
- 6 fresh Italian parsley sprigs
- 2 bay leaves Crusty bread

Directions

- Sprinkle ribs with coarse salt and pepper. Place in even layer in slow cooker. Add next 7 ingredients, cover, and cook on low heat until meat is tender, about 8 hours
- Using slotted spoon, transfer ribs to serving bowl. Discard parsley and bay leaves. Spoon fat off top of sauce and pour sauce over ribs. Serve with bread.

Seafood Gumbo

Ingredients 1/2 pound sliced bacon, diced

- 2 stalks celery, sliced (1 1/2 cups)
- medium onion, sliced (1 cup) 1
- 1 green pepper, chopped (1 1/2 cups)
- 2 garlic cloves, minced
- 2 cups chicken broth
- 14-ounce can diced tomatoes 1
- 2 tablespoons Worcestershire sauce
- 2
- teaspoons kosher salt teaspoon dried thyme leaves 1
- pound large raw shrimp, cleaned 1
- pound fresh or frozen crabmeat 1
- 1 10-ounce box frozen okra, thawed and sliced crosswise into 1/2-inch pieces

Directions

- In a large skillet, over medium heat, cook the bacon until crisp. With a slotted spoon, transfer the bacon to a 4- to 6-quart slow cooker. Discard all but a thin coating of fat from the skillet.
- Add the celery, onion, green pepper, and garlic to the skillet and cook over medium heat, stirring frequently, until the vegetables are tender, about 10 minutes. Spoon the vegetables into the cooker and add the broth, tomatoes (with their liquid), Worcestershire, salt, and thyme. Cover and cook on low heat for 4 hours, or on high for 2 hours. **Tip:** Once the ingredients are in the pot and the slow cooker is simmering, don't lift the lid. Heat and steam escape. If you do, you'll lose an estimated 20 minutes of cooking time.
- Add the shrimp, crabmeat, and okra, and cook 1 hour longer on low heat or 1/2 hour longer on high.

Yield: 6 servings

Calories: 273 (27% from fat); Fat: 8g (sat 2g); Protein: 38mg; Carbohydrate: 11g; Fiber: 2g; Cholesterol: 204mg; Iron: 4mg; Sodium: 1757mg; Calcium: 222mg



Recipes provided by Margaret Lee

Subscribe to **GFWC** News & Notes Simply provide your name, mailing address, email, and club name

to gfwc@gfwc.org!



Do you have club member news, personal announcements, family news, personal achievements or recipes to share with club members?

Please submit items by the **25th** of the month to the "Club Chatter" Editor, Sarah Brooks sbrooks@twccnc.org

Recipe Corner—Slow Cooker Recipes

Crock Pot Mac and Cheese

- Ingredients 1 16- ounce box of elbow macaroni
- 4 cups of whole milk
- 1 8- ounce block of extra-sharp yellow cheddar cheese, shredded
 - 8 to 10 ounces of extra-sharp white cheddar cheese, shredded
- 1/2 cup of grated parmesan
- 4- ounces of room-temp cream cheese 8- ounces of container sour cream
- 1 ¹/₂ teaspoons of sea salt
- 1/2 teaspoon of white pepper
- 1 teaspoon of ground mustard

Directions

- Fill a large pot halfway up with water and bring to a boil. Once the water has started to boil, pour in a little bit of olive oil and the box of macaroni. Cook the macaroni for 2-3 minutes, drain, then add macaroni to the slow cooker. (Note: Why add olive oil? It helps to keep the pasta from sticking together. It's such a brilliant cooking hack. You can use it anytime you make pasta.)
- To the slow cooker, add milk, shredded cheddar cheeses, parmesan, and season-• ings.
- Turn the slow cooker on low and cook for 1 hour, stirring occasionally. •
- Cut the cream cheese into small, one-inch cubes.
- Stir in the cream cheese and the sour cream until the cream cheese starts to melt. • Look at all that ooey gooey, creamy, cheesy yumminess!
- Cook on low for an additional 20-30 minutes until it's hot and creamy. •
- Serve it as it comes or with bacon on top.

Crock Pot Shrimp Scampi

Ingredients

- 2 lb shrimp frozen, precooked, deveined and peeled salt and pepper to taste
- 1 tablespoon garlic salt
- 2 lemons freshly squeezed
- 1 cup chicken broth or you can use water
- 2 tablespoons fresh parsley
- 1/2 cup freshly grated parmesan cheese 16 oz angel hair pasta

Directions

- Combine everything but the parmesan cheese and the angel hair pasta in the crock pot.
- Cook on low for 3-4 hours or high for 2 hours. •
- Stir in half the parmesan cheese.
- Serve over cooked angel hair pasta and top with remaining parmesan cheese.

As We Age. TWELVE COMMANDMENTS FOR SENIORS

- Talk to yourself. There are times you need expert advice. "In Style" are the clothes that still fit. 1.
- 2.
- 3. You don't need anger management. You need people to stop ticking you off.
- 4.
- Your people skills are just fine. It's your tolerance for idiots that needs work. The biggest lie you tell yourself is, "I don't need to write that down. I'll remember 5. it."
- "On time" is when you get there. 6.
- 7. Even duct tape can't fix stupid – but it sure does muffle the sound.
- 8. It would be wonderful if we could put ourselves in the dryer for ten minutes, then come out wrinkle-free and three sizes smaller.
- 9. Lately, You've noticed people your age are so much older than you.
- 10. Growing old should have taken longer.
- 11. Aging has slowed you down, but it hasn't shut you up.
- 12. You still haven't learned to act your age, and hope you never will. **And one more**: "One for the road" means peeing before you leave the house.







November 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
DAYLIGHT SAVING TIME ENDS THS SUNDAY	2 ESO at TWCC Clubhouse 10am	3	4	5	6	7 BBBC FUNDRAISEX TWCC BBQ Fundraiser 11am-5pm
8 STEM STEM DAY	9	10 Health & Wellness CSP Set Up for TWCC meeting 10:00am	11 TWCC Meeting 2 Sessions: 10am, 1pm Clubhouse	12 Might 'n' Gals 7pm Clubhouse	13	14
15 www. Rachel Masimore	16	17 Deard Meeting 10am Clubhouse	18	19 CREAT AMERICAN SMOKE OUT	20	21 www. Betsy Grannis
22 www. Sandy Harrison	23	24 Sandy Nesselrode	25 Pic in the Ska	26 Happy Charksgiving	27 Black Friday	28 SMALL BUSINESS SATURDAY
29 First Sunday, Advent	30 GWBGR MOMONY SALE					

The Woman's Club of Clayton



November 7th, 11am-5pm

The Woman's Club of Clayton Gazebo Corner of Second and Church Streets All plates are \$8

Choice of:

BBQ Pork Sandwich, Cole Slaw, Chips, Drink OR

2 Hot Dogs, Cole Slaw, Chips, Drink

BBQ Pork Butts will be cooked by American Legion Post 71

For Tickets, call (919)601-7959 or email sbrooks@twccnc.org

A portion of the proceeds from this fundraiser will go to Clayton Community Recreational Foundation: Harmony Playground



Fundraiser for The Woman's Club of Clayton

All pies \$20

Buttermilk Pumpkin Pecan Chocolate Chess

All Pies Must Be Pre-ordered and Pre-paid *Place orders by calling 919-601-7959 or Email sbrooks@twccnc.org* Pick Up or Delivery For Thanksgiving Nov. 23-25



Bring the kids to Main Street Community Garden to play CANDYLAND!

October 30, 2020 — January 4, 2021

Grand Opening October 30-31 (11am-1pm; 3-5pm)

The game can be played anytime—Sunup to Sundown



When the game is finished.....

Come to the Candy Shop!!!



CandyLand in the Garden@claytonmainstgarden



Candyland Sponsors Main Street Community Garden The Woman's Club of Clayton

