

The Woman's Club of Clayton

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Clayton, NC 27528
twccnc.org

NC General
Federation of
Women's Clubs
www.gfwcnc.org



The Woman's Club of Clayton is a member of the General Federation of Women's Clubs (GFWC), an international women's organization dedicated to community improvement by enhancing the lives of others through volunteer service.

Officers

President

Betsy Grannis

1st Vice President

Trish Perna

2nd Vice President

Brenda Hill

Recording

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Loretta Mascia

Corresponding

Secretary

Patty Jo Johnson

Treasurer

Judy Ryan

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Club Chatter



Volume 2023, Number 5

May 2023

From Our President

Betsy Grannis



And, it's a wrap! Filming for the '**All Hands On Deck**' pilot show has completed - for now. The crew is supposed to be back in May to check in with the family. It was a whirlwind week of changing times, changing outfits, retake after retake, hurry up and wait, and being flexible about schedules. We had to keep in mind that we were doing this to help a family in need. And help, we did, indeed! It was exciting and rewarding to be there on the day of the reveal and to see TaKeisha and Kaitlyn's amazement and joy. The first thing they were asking about when they realized all they had been given was how could they give back? I can't thank you all enough for all the love and support you provided to make this project a success! We hope it makes for good TV; it is tentatively planned to air in the November time frame. Stay tuned!

We are looking forward to our **Business Meeting**, coming up on May 10th. Our May meeting is our annual business meeting and is for members only, **no guests please**. Feel free to invite your guests to attend our **Member Social** in August or to join

us when we return to our monthly meetings in September.

Our May meeting is also a time to share good food with your fellow clubwomen. It is a **Covered Dish Meal** (or Pot Luck) and we ask that everyone contribute an item for our meal if they are able, whatever you would like to share. The Executive Board will be setting up and providing the beverages and ice and things so if you can, please feel free to bring a **main, side or dessert**. It always makes for a delicious meal full of surprises no matter what we have! Plan to **arrive early** to our May meeting - anytime after 11am for social time and time to bid on our **Silent Auction** items. I know we will have lots of wonderful items that you will want to take home, so don't forget your checkbook!! Our luncheon meeting will begin at noon.

Speaking of our **Silent Auction**, we ask that everyone contribute an item for our auction fundraiser (minimum value of \$15). Please drop off your item on Tuesday, May 9th between 10-11:30am at the clubhouse. If you

are not able to deliver your item at that time, just contact me (Betsy: 919-306-5804) or any other member of the Executive Board and we will be more than happy to pick it up. We would like to have all the silent auction items in place before our meeting begins at 11am on Wednesday. Thank you for your generosity!

We will be voting to approve the **2023-2024 Proposed Budget** at this meeting. There is a copy included again in this newsletter for your review. The one change you will notice is that we are **increasing the luncheon fee** that we pay for the meals that are provided, due to the increase in food costs. We will now pay **\$30** instead of \$20 for the eight meals, bringing the individual cost of the luncheon to about **\$3.75 per meal**. The Finance Committee feels this is a necessary increase. If you have any questions on budget items please contact our Treasurer, Judy Ryan, for clarification before the meeting.



MAY

- 5/6 Maggie Vitali
 5/12 Debra Beal
 5/13 Connie May
 5/19 Margaret DiNubila
 5/19 Loretta Mascia
 5/23 Liz McLaurin
 5/31 Debbie Allison

JUNE

- 6/6 Patti Farmer
 6/10 Rhonda Nielsen
 6/12 Judy Ryan
 6/26 Sharon Lavery
 6/30 Betty Francies

JULY

- 7/5 Cecilia Soporowska
 7/8 Tammy Wallis
 7/13 Susan Mancuso
 7/16 Lynn Roman
 7/23 Debbie Plaster
 7/24 Susan All
 7/25 Shauna McFarland
 7/26 Jeanne Dahl
 7/30 Denise Fries

AUGUST

- 8/3 Alease Young
 8/19 Laurie Partlo
 8/25 Brenda Hill
 8/25 Christie Latham
 8/26 Robin Rose
 8/28 Debbie Ragland
 8/28 Tina Zimmerman

For those who will not be able to make it to our meeting in person, you can join us on Thursday evening, **May 11th, at 7pm** for our business meeting on zoom.

Our **GFWC-NC State Convention** was held on April 21st and 22nd in Charlotte. The hotel was beautiful and had wonderful amenities. We enjoyed the opportunity to make new friends and to share time with all of our Federation friends. We learned a lot and celebrated a lot – you will hear more at our meeting! Attending from TWCC were Nancy Maynard (LEADS Training), Betsy Grannis and Trish Perna.

If you are a new member to our club, please mark your calendar for our **New Member Orientation** on May 16th at 11:00am at the clubhouse. Bring any questions you may have about our organization. The Executive Board members will be there to share information with you and help to orient you to all the workings of our great club. We hope you can join us!

I would like to thank all of our club members for a most successful year. I am grateful to everyone who lead our fundraisers and projects; and to **all of you** who volunteered your time, talents, and resources – you continue to amaze me! Thank you for making a difference in our community!!

We look forward to our summer break, a time to plan for our upcoming year. Keep an eye on your email inbox for invitations to your **CSP meetings**, fundraising planning meetings, our August social, Bunco and other opportunities to get together.

I would like to leave you with this reflection and thank you for putting your hearts, minds, and souls to good use for The Woman's Club of Clayton:

GFWC of North Carolina

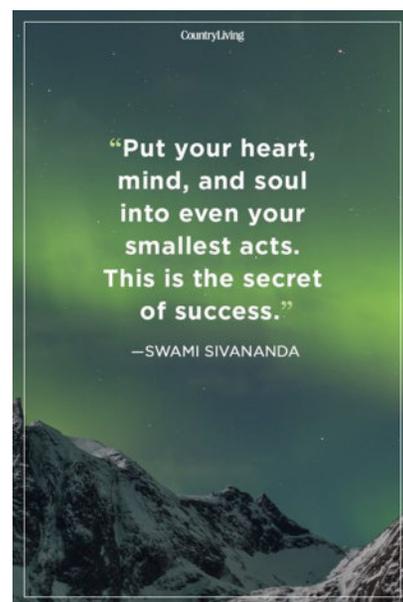


WELCOME
NEW MEMBERS



Left to Right:

Tina Zimmerman (H&W CSP)
 Shauna McFarland (H&W CSP)



**May 1**

ESO Book Club
TWCC Clubhouse 10:00am

May 9

Executive Board
Set Up for meeting
TWCC Clubhouse
10:00am

Members drop off Silent Auction Items

TWCC Clubhouse
10am-11:30am

House of Hope Meal

May 10

TWCC Covered Dish Lunch,
Silent Auction & Business Meeting
11:00am
TWCC Clubhouse

May 10

Night 'N' Gals Via Zoom
7:00pm

May 12

Bingo
Clayton Senior Center
10am

May 15

Fill bookbags for Cooper Academy First Graders

May 16

TWCC Executive Board
TWCC Clubhouse 10am

New Member Orientation
TWCC Clubhouse 11am

Read to First Graders at Cooper Academy 3pm

May 23

TWCC Bunco
TWCC Clubhouse 1:00pm

May 28—June 18

JoCo Flags for Heroes
Johnston Health Hospitals

June 20

TWCC Executive Board
TWCC Clubhouse 10am

July 18

TWCC Executive Board
TWCC Clubhouse 10am

August 10

E&L CSP Kickoff
TWCC Clubhouse 10:30am

August 15

TWCC Executive Board
TWCC Clubhouse 10am

August 16

CEO CSP Kickoff
TWCC Clubhouse 11:00am

August 24

Member Social
TWCC Clubhouse
6:00pm-7:30pm

August 30

Pampered Chef Party
TWCC Clubhouse
1:00pm-4:00pm

October 28

GFWC-NC Fall Conference
Raleigh Woman's Club

April Meeting Highlights

Monthly Meeting

The April 12th lunch meeting was hosted by the **Education & Libraries CSP**. The devotion and blessing was given by Sandy Nesselrode.

Sallie Southall Cotten Scholarship recipient, **Taylor Houston**, and Sybil Champion Community College Scholarship recipient, **Emily Oberman**, did short presentations outlining their future plans. Congratulations to these wonderful ladies (*pictured below with family and TWCC Scholarship Committee*)



Betsy Grannis presented the **Federation Day** program beginning with humorous items contained in a TWCC cookbook from 1948 called, "**What's Cooking in Clayton**". Daughters of a former member found the cookbook and sent it to the club's PO Box. Betsy then shared some history of our club and clubhouse from a more recent cookbook, "**From Thyme to Time Around Clayton**", published in 2003. Lastly, she showed a GFWC Centennial Cookbook, published in 1990, which Brenda Gay found on her travels. Most of the lunch meal was prepared from recipes found in the two Clayton cookbooks.

Two **guests** were introduced. Judy Shaefer and Jean Cornell.

Highlights from the meeting:

- **Angela Williams** will chair the 2023-24 Nominating Committee.
- The **proposed 2023-24 budget** was published in the April newsletter. Members were encouraged to review the budget and be prepared to vote on it at the May Business Meeting.
- Dianne Carroll (*pictured at right*) recognized all members who helped make the **Taste of Carolina** a success by raising **\$25,320.12**. Dianne's co-chairs were thanked and recognized—Debra Beal, Val Taylor and Karen Keeleslar (not pictured).



- The **May 9th meeting** will be the **annual business meeting** so guests are not permitted. The lunch is **covered dish** so please bring an item to share. There will be a **silent auction** of items brought in by members with a **minimum value of \$15**. Items should be brought to the clubhouse on May 8th from 10-11:30am or get your item to an Executive Board member prior to the meeting. Members should plan to **arrive around 11am on May 9th** so their food can be put out and to check out the silent auction items.
- Betsy Grannis gave an update on the **All Hands on Deck** production with Clayton being the pilot for the series. Sign ups for a variety of tasks were available at the meeting. Betsy is coordinating the event on the Clayton side. She went to **Matthews Motors** to inform them of the project and came away from that meeting with the promise of a car for the single mother and daughter showcased in the pilot!
- The club made two \$25 **donations to the library** in memory of TWCC member, **Gail Neumann**, and in memory of **Tom Keeleslar**, husband of TWCC member Karen Keeleslar.
- Betsy Grannis announced that the **Trex bench** has been ordered and she is working with the director of Parks and Recreation to identify a location for the bench.
- Angela Williams, **A&C CSP** co-chair thanked members who have knitted or crocheted **acrylic yarn squares** for the Public Art Advisory Board project.
- Sarah Brooks, **CEO CSP** co-chair, thanked everyone who brought snacks to the meeting which will be taken to the **RDU Airport USO** lounge. In addition, they will be given a cash donation of \$120.
- Sarah Brooks, Newsletter Editor, recognized **Judy Ryan** who will assume **Newsletter Editor** responsibilities beginning with the September 2023 issue.
- The **ENV CSP** will be using some of their funds to purchase items for a **butterfly garden** at the All Hands on Deck home.
- Nancy Maynard, **H&W CSP** co-chair said 3 CPR dummies were found in the club closet so they will be used for a CPR class. There is a sign-up sheet for those interested in taking the class later this year.
- **Rhonda Nielsen** was recognized for exercising **128 miles** in March challenge. Way to go Rhonda!



Continue prayers for Michael Grannis as he undergoes therapy following his surgery.

Joanne Cassone was hospitalized with COPD. She was discharged on oxygen but continues to experience breathing difficulties. Please send prayers her way.

EOG Proctors Needed!



Cooper Academy is looking for volunteers over age 18 to serve as Proctors for End of Year tests on May 25, 26, 31 and/or June 13, 14, from 8:30 am to 1:00pm. Volunteers must have completed a Volunteer Level 1 or Level 2 status request for this school year (go to [Human Resources / Volunteers \(johnston.k12.nc.us\)](#)). To volunteer, go to [Cooper EOG Proctor Volunteer Sign Up 2023 \(google.com\)](#)

Health & Wellness CSP

Co-Chairs: Nancy Maynard, Judy Ryan, Deborah Fuller



A warm welcome to our newest Health and Wellness CSP member **Shauna McFarland**. We look forward to getting to know you and working alongside you on future events and projects.

A BIG thank you to Brenda Hill for helping with **Bingo at the Senior Center** last month. Always fun having you there.

Congratulations to all the ladies that participated in our **March fitness challenge**. You are ALL winners but the fabulous trophy went to **Rhonda Nielsen**. She converted her water aerobic time into miles. The conversion chart is in back of the March Newsletter if you would like to check it out. There will also be some copies at the May meeting. Until the next challenge-----KEEP MOVING!

Did you know that Friday, May 26, 2023 is deemed **Don't Fry Day** by The National Council on Skin Cancer Prevention? What a great way to kick off summer! Please see the attached sheet for more details.



We hope you have a wonderful and safe summer!

Education & Libraries CSP Co-Chairs: Brenda Gay, Sandy Nesselrode



It is hard to believe this is our last newsletter article before we break for the summer. My, time flies when you are busy and our CSP has been busy since September 2022.

We are getting ready for our last project before we break for the summer. That is our **Book Bag project**. Remember all the books our members have so generously given us through the months? Well, we are finally getting ready to use them! We will be **filling 75 bags** with books, pencils, bookmarks, a stuffed reading buddy, reading schedule, etc. for four first grade classes at Cooper Elementary Academy. We will fill the bags at the clubhouse on Monday, **May 15th at 10:30**.

Then on Tuesday, **May 16th at 3:00pm**, we will need four readers to go to Cooper Elementary Academy to **read a book to the students** and then pass the bags out for students to have over the summer holiday.

Your co-chairs would like to take this opportunity to **thank our CSP members** for all the hard work you have done since September. (Not pictured, Donna Steele, Liz McLaurin, Belle Allen, Jean Lee, & Debbie Ragland) We have hosted two lunch meetings and we especially thank Betsy Grannis for providing the entrees and Margaret Lee and Susan Mancuso for making the delicious Greek salad to go along with the entrée for our meeting in April. Also, thanks to Sandy Nesselrode for making all the flower "pot" center pieces. The surprise from them was a real treat for the winners who drew from the lucky "egg".



We plan to have our **E&L "Kick-Off meeting"** on Thursday, **August 10th at 10:30am** to start planning for the next club year beginning in September when we return after the summer break. In the meantime, have a great summer break and we look forward to seeing you on September 13th.

Would you believe our **E&L CSP will host the September lunch meeting** when we return from our summer break, September 13th!!

Civic Engagement & Outreach CSP

Co-Chairs: Susan Johnson and Sarah Brooks



CEO CSP members Karla Rajca and Sue Van Vactor (*pictured at left*) delivered snacks collected at the April meeting to the **USO lounge at Raleigh-Durham Airport**. Pictured with them are Security Guard Taylor and USO Volunteer Chris. In addition, they presented the USO with a \$120 cash donation. Karla and Sue had a nice chat with Chris who told them she volunteered most every day at the USO and was so very glad to be getting the snack contributions and the monetary donation. She also shared a couple stories of some of those who have visited throughout the years. She was truly grateful! **Thanks to all TWCC members who generously purchased snacks for this project.**

CEO CSP members will recognize **International Firefighters' Day** on May 4th by taking homemade goodies and various snacks to the main Clayton Fire Station on West Horne Street to help the town's firefighters celebrate this special day. If any members in other CSPs want to contribute anything, please contact Sarah Brooks at 919-601-7959.



Don't forget to check out the **Rotary Flags for Heroes** in the field beside Johnston Health Hospital-Clayton. Hundreds of flags will be displayed from May 28—June 18 to honor our heroes including veterans, current military, first responders, and frontline healthcare workers.

The **CEO CSP Kickoff meeting** will be held on Wednesday, **August 16, 11:00am—1:00pm**. A light lunch will be provided.

Have a wonderful summer break!



May 20, 2023
8:30am-Noon
SECU—Clayton

Branch 302 at 42 East
and Glen Laurel Rd
37 Briarcliff Dr

State Employee Credit Union shred events are intended for securely destroying paper documents. There is no need to remove staples, paperclips, or folders from your documents.

Non-paper items such as batteries and electronics are not permitted as they may damage the shred truck, including causing a fire. Shred days are for **personal documents only** – no business or commercial shredding is allowed.

Environment CSP Co-Chairs: Rachel Masimore, Christie Latham



A big thanks to the Environment CSP for contributing funds to **buy plants for the butterfly garden** at the 'All Hands On Deck' house. Members also helped plant the garden at the front entrance of the house. Both gardens were awesome! Helping with these projects were the town's master gardener and Clayton High School art students who painted rocks for the gardens.



Above: Members standing who helped plant the butterfly garden are Cecilia Soporowska, Betsy Grannis, Trish Perna and Robin Sachsenheimer.



Left: Robin and Cecilia rest after helping plant the main entrance garden.

Night 'N' Gals



Welcome **Shauna McFarland!** The **Night 'N' Gals** will meet via Zoom on **May 11th at 7pm** and all members are invited to attend. The Zoom link will be sent to all members on May 10th.

Arts & Culture CSP

Co-Chairs: Angela Williams, Faye Brooks, Dianne Carroll



The A&C CSP will do the **Little Picasso station** at the Square to Square Festival on May 20th. If you are willing to volunteer some time for this event, let Patty Jo Johnson know.

ESO Book Club

Chair: Brenda Gay



Our ESO book club has done a "lot" of reading over the past months. Our members have reported on some great books they have read at our monthly meetings. As I write this article, I am reminded of what we accomplish during our meetings: 1. Our members find thought-provoking and engrossing books to discuss. 2. Each member has a say in what they read. 3. The members always seem to be prepared. 4. They are comfortable leading and listening to one another's book reports. Well, I could go on but just want to express how grateful I am for the members of ESO.

The following are some books reported on during our March and April meetings:

"The Rock" by Warren Tute. Summary: The author brings to life a world that he knows intimately through service in the Royal Navy from 1932 to 1946 at The Rock of Gibraltar which is a real place and a strategic position at one of the world's focal points. It is a British Fortress and Colony and has been for many years. This is an "old" book copyrighted in 1957 but first printing was November, 1973. Book report by Brenda Gay

"A Light Beyond The Trenches" by Alan Hlad. Summary: War story based on the true story of the first school to train guide dogs for the blind. During WWI, thousand of soldiers returned home from the front, many were blinded by poison gas. Book report by Jo Howard

"Finding Jack" by Gareth Crocker. Summary: After losing his family, Fletcher joins the Vietnam effort. On a mission, he finds a critically wounded yellow Lab. They become inseparable until the war ends and is expected to leave Jack. He doesn't and the journey begins. Book report by Val Taylor

"Rolling In the Church Aisles" by Amanda Haley and Rebecca Christian. Summary: A book of jokes, sermon gaffes, bulletin bloopers, church signs, children's thoughts, and quotes that's just irreverent enough to make you laugh out loud in a fit of holy hilarity. Book report by Patty Jo Johnson

We are getting ready to have a little break for the summer months and will not meet again until **Monday, September 4th at 10:00**. Of course, enjoy your summer but keep reading those great books so you can start reporting on them again in September.

TWCC Bunco

Organizer: Sarah Brooks



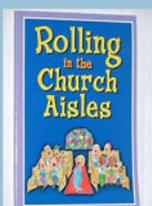
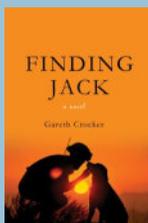
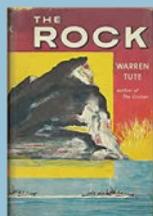
Bunco is an extremely easy game of dice that provides members time to come together for an afternoon of fun and frivolity!! All members are welcome to participate and it is a great way to learn more about members.

Hostesses for April 25th Bunco were Donna Steele and Betty Francies. Winners: Brenda Hill—Most Buncos; Betty Francies—Most Wins; Rhonda Nielsen—Most Losses; Dixie Brady—Most Fakes; Donna Steele—Bunco Gift.

Next Bunco date/time: May 23rd at 1:00pm. Hostesses: Susan Press and Cecilia Soporowska

Subscribe to GFWC News & Notes

Simply provide your name, mailing address, email, and club name to gfwc@gfwc.org



WEB UPDATES

Under **Member Resources**, the following documents have been updated:

- Membership Database
- Membership Database by CSP
- Membership Database in Excel Format
- Yearbook (New member pictures added)



Thank you Judy Ryan for taking the reins of the TWCC Newsletter!

My first newsletter was the **September 2015** issue. Since that time our club has grown, made it through Covid, raised funds in so many innovative ways and, most importantly, helped to meet the needs of the community. It has truly been a journey.

I have enjoyed putting out the newsletter—it helped me grapple with moving into **retirement**. I worked in the healthcare industry for 42 years and was constantly busy and engaged with numerous folks across the state and nation. To go from that to unplanned days was very difficult for me so doing the newsletter and being active in TWCC activities helped fill a big void.

This year I realized that voids and unplanned days were no longer a problem. Between Church, TWCC, Canasta, Bridge, Bunco, Golf, SHOPPING and enjoying time with hubby, my plate is full.

I have always found change to be invigorating so having **Judy Ryan** take over the newsletter will be awesome for the club. Judy has experience doing newsletters and I know she will do an terrific job with the newsletter beginning with the **September 2023** issue. I can't wait to read it!!



In the event of illness or bereavement, members are encouraged to contact Patty Jo Johnson if assistance is needed with meals, errands, etc. Call 919-818-3444 or email johnsonpatty2253@gmail.com



Top Left: Cecilia Soporowska and Judy Ryan plant geraniums and "spruce up" the clubhouse entrance to prepare for the 'All Hands on Deck' production team.

Top Right: Shelly Tygielski And Debra Messing, show executive producers

Bottom Left: TWCC members are waiting for working orders. L to R—Sarah Brooks, Rhonda Nielsen, Cecilia Soporowska, Betsy Grannis, Deborah Fuller, Debra Beal and her husband, Robin Sachsenheimer and Patti Farmer

Bottom Right: TWCC members Cecilia Soporowska, Betsy Grannis, Marianne Sapsara and Donna Steele help organize things from the Clayton side

Menu

Covered Dish Lunch
Don't Forget to bring something to share

Executive Board will host
CEO CSP will assist with hosting and cleanup





Things to bring to the May meeting:

- Covered Dish for Lunch Meeting
- Silent Auction Item (please drop off on Tuesday, May 9th between 10-11:30am at the clubhouse or contact a member of the Executive Board to arrange pick up)



Notify Patty Jo Johnson, Corresponding Secretary, if information about a club member needs to be communicated to the membership (e.g., illness, bereavement)

919-818-3444



Clayton Parks and Recreation annual 5k is officially BACK! In honor of the Year of the Trail, we are hitting the greenway!

Runners, joggers, and walkers are invited to join us on May 6th at 9:00 a.m. as we "Run the Branch!" Participants will begin at Municipal Park and head down Sam's Branch Greenway and back.

REGISTRATION IS OPEN! Early bird registration is \$30 and guarantees you a t-shirt! Price increases to \$40 between April 23rd - race day.

*Please, no 4 legged participants allowed.

For more information and to register, visit <https://runsignup.com/Race/NC/Clayton/RuntheBranch5k>



INTRODUCING THE 2023 DOWNTOWN CONCERT SERIES

Chatham Rabbits

Friday, May 12

North Tower Band

Friday, June 2

Cash Unchained

Thursday, Aug 10

Shoot to Thrill

Friday, Sept. 8

Nu-Blu

Thursday, Oct. 5

Concerts are in Town Square - Music starts at 6:30pm

Sponsorships available through the Downtown Development Association!



Pampered Chef doubles donations for fundraising in the month of August so Robin Sachsenheimer is going to host a **Pampered Chef party** at the clubhouse on August 30th, 1-4pm. Save the date and more information will be coming this summer.

DOWNTOWN FAMILY NIGHT

Hosted by the Town of Clayton in collaboration with the Downtown Development Association

MUSIC
Proton Jones
Starting at 5:30pm



+
**ARBOR DAY
CELEBRATION**

**FRIDAY, APRIL 28
MUNICIPAL PARK**

SPONSORED BY:
The Arbors at East Village



MOVIE NIGHT
Featuring "A Bug's Life"
Starting at 8:00pm

+
FOOD TRUCKS
Blue Tee Spoon, Deevine
Dogs, & Riverwood Pelicans



**Square to Square
Street Festival**
**Meals for House of
Hope (2nd Tuesday)**
**Bingo at Senior Ctr
(2nd Friday)**
Hospitality



The annual Square to Square Street Festival will take place on **Saturday, May 20 from 10am - 2pm** on Main Street. Downtown Clayton will be filled with games, activities, food, and music from Town Square to Horne Square!

Downtown Clayton will be filled with free activities, games, music, frozen treats, and family-friendly attractions. There will also be several food trucks onsite.

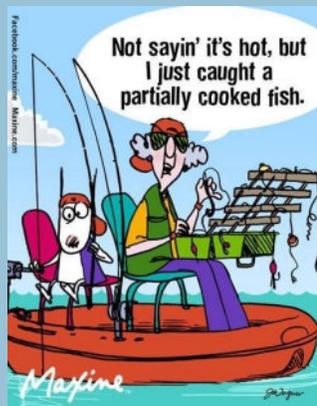
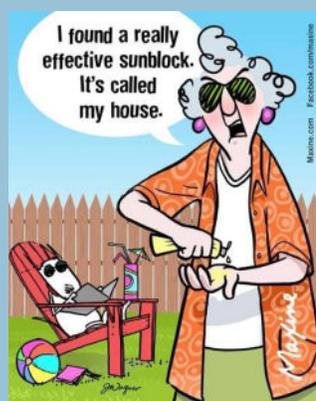
Some things you can look forward to:

- Firetruck Spray Down
- Bike Parade Down Main Street
- Community Mural
- Sculpture Trail Scavenger Hunt
- Hoop Jam Hula Hooping Station
- Fitness Village – Try out a FREE fitness class from local gyms and studios!
- Epic Axe
- Poetry Fox
- Live Art Demos

This year they will also host a nonprofit village! TWCC will be participating and sign up sheets will be at the May meeting.



All of the recipes this month come from the TWCC cookbook, "From Thyme to Time Around Clayton" that was published in 2003. These recipes were included in the cookbook by ladies who are still active members



Gateau de Fromage (by Linda Strevig)

Ingredients

4 oz Camembert, softened
4 oz Gruyere, finely grated
4 oz blue cheese, softened
3 (8 oz) cream cheese, softened
6 oz pecans, chopped
2 T sour cream
Garnish: Parsley, pecan halves, apple slices

Instructions

1. Line a 9 1/2 inch quiche pan with foil or plastic wrap.
2. Blend 8 oz cream cheese with 2 T sour cream and spread over foil. Sprinkle with chopped pecans.
3. Mix Camembert, Gruyere, blue cheese and remaining 16 oz cream cheese in food processor. Spread over pecans.
4. Cover and refrigerate at least 3 hours (better if made a day ahead).
5. Serve with crackers and thin apple slices.

Note: This makes a large amount but it can be cut into slices, wrap well and freeze. Thaw several hours before serving.

Tortilla Roll-Ups (by Margaret DiNubila)

Ingredients

Large tortillas
Any cream cheese or cheese spread (let sit out to warm enough to spread easily)
Very thinly sliced black olives, lettuce and cucumber
Sliced ham or turkey
Swiss cheese

Instructions

1. The key is to heat the tortilla before putting it together. Then spread the soft cheese all over the tortilla. Then layer your ingredients, leaving a space at the top so the ingredients don't roll out. Roll up the tortilla and wrap tightly in saran wrap.
2. Refrigerate overnight and cut to the desired size and serve.

Note: Use your imagination with your ingredients—use anything you want. You could even use a sweet cream cheese or one with fruit.



Festive Spinach Salad (by Mary Ellen Causby)

Ingredients

9 3/4 cups torn fresh spinach
2 1/2 cups fresh strawberries, hulled & sliced
1/4 cup plus 2 T sugar
1 1/2 T sesame seeds
2 1/4 tsp poppy seeds
1 1/2 tsp minced onions
1/4 tsp paprika
1/4 tsp low sodium Worcestershire sauce
1/4 cup plus 2 T cider vinegar
1 1/2 T vegetable oil
1 1/2 T water

Instructions

1. Combine spinach and strawberries; toss gently. Cover and chill.
2. Combine remaining ingredients in container of blender, process on low speed for 30 seconds. Drizzle over spinach mixture.

Note: Cashews may be added to this dish. Dressing may be made earlier in the day.



Recipe Corner—Mother's Day



All of the recipes this month come from the TWCC cookbook, "From Thyme to Time Around Clayton" that was published in 2003. These recipes were included in the cookbook by ladies who are still active members



"South Carolina" Broccoli Casserole (by Belle Allen)

Ingredients

- 2 pkg frozen broccoli (cut or spears)
- 1 cup mayonnaise
- 1 cup grated cheddar cheese
- 2 eggs
- 1 can cream of mushroom soup
- 1 tsp grated onion
- Cheese wafers (e.g., Nips, Cheese-it)

Instructions

1. Mix ingredients above for sauce.
2. Cook 2 packages frozen broccoli and stir into sauce. Pour all into buttered casserole dish.
3. Spread 1/4 cup finely crushed cheese wafers on top.
4. Bake at 400 degrees for 20 minutes.

Note: My sister-in-law in Charleston, served this delicious dish. Her menu included fried chicken, green beans, salad and strawberry shortcake.



Balsamic Baby Carrots (by Faye Brooks)

Ingredients

- 3 cups water
- 1 lb baby carrots
- 2 large shallots, thinly sliced
- 1 medium red bell pepper, diced
- 1 T olive oil
- 3 T balsamic vinegar
- 1 1/2 T sugar
- 1/2 tsp salt
- 1/4 tsp freshly ground pepper
- 2 T chopped fresh Italian Parsley

Instructions

1. Bring water to a boil in 3-quart saucepan; add carrots. Return to a boil and cook 4 minutes. Remove from heat and drain well.
2. Sauté shallots and bell pepper in hot oil in a large skillet over medium-high heat 3 minutes or until crisp-tender. Stir in carrots, vinegar and next 3 ingredients and cook 4-5 minutes or until liquid is reduced and vegetables begin to glaze. Remove from heat, stir in chopped parsley.



Potato Casserole (by Angela Williams)

Ingredients

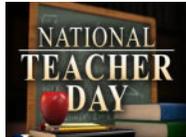
- 4 medium potatoes, peeled and sliced
- 1 (10 3/4 oz) can cream of mushroom soup
- 2 T green pepper, chopped
- 2 T minced onion
- 1/2 tsp salt
- 1/8 tsp pepper

Instructions

1. Combine all ingredients.
2. Place in nonstick 1 qt casserole dish. Bake at 350 degrees for 1 to 1 1/2 hours or until potatoes are tender.



May 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p>1</p>  <p>ESO TWCC Clubhouse 10:00am</p> 	<p>2</p> 	<p>3</p>	<p>4</p> 	<p>5</p> 	<p>6</p>  
<p>7</p>	<p>8</p>	<p>9</p> <p>Exec Bd Set Up for lunch mtg—10am</p> <p>Bring Silent Auction Items to Clubhouse 10-11:30am</p>  <p>House of Hope Meal</p>	<p>10</p>  <p>TWCC Covered Dish Lunch, Silent Auction & Business Meeting 11:00am</p>	<p>11</p>  <p>Night n Gals Via Zoom 7pm</p>	<p>12</p>  <p>Debra Beal</p> <p>H&W CSP-Bingo at Senior Center 10am</p> <p>Downtown Concert Chatham Rabbits 6:30pm</p>	<p>13</p>  <p>Connie May</p>
<p>14</p> 	<p>15</p>  <p>E&L CSP- Fill book-bags for Cooper Academy 10am</p>	<p>16</p>  <p>TWCC Board Mtg 10am New Member Orientation 11am TWCC Clubhouse</p> <p>E&L CSP- Read to First Graders at Cooper Academy 3pm</p>	<p>17</p>	<p>18</p>	<p>19</p>  <p>Margaret DiNubila Loretta Mascia</p>	<p>20</p>  <p>Downtown Square to Square Street Festival 10:00am-2:00pm</p>
<p>21</p>	<p>22</p>	<p>23</p>  <p>Liz McLaurin</p>  <p>TWCC Bunco TWCC Clubhouse 1:00pm</p>	<p>24</p>	<p>25</p> 	<p>26</p>	<p>27</p>
<p>28</p>  <p>JoCo Flags for Heroes Begins—Field beside Clayton Hospital</p>	<p>29</p> 	<p>30</p>	<p>31</p>  <p>Debbie Allison</p>			

June 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2  Downtown Concert North Tower Band 6:30pm	3
4	5  WORLD ENVIRONMENT DAY June 5	6  Patti Farmer	7	8	9  H&W CSP-Bingo at Senior Center 10am	10  Rhonda Nielsen
11  TONY AWARDS	12  Judy Ryan	13  House of Hope Meal	14  14 JUNE FLAG DAY	15	16	17
18  Happy Father's Day JoCo Flags for Heroes Ends—Field beside Clayton Hospital	19  JUNETEENTH CELEBRATE FREEDOM	20  TWCC Board Mtg 10am TWCC Clubhouse	21  Summer Solstice	22	23	24
25	26  Sharon Lavery	27  TWCC Bunco TWCC Clubhouse 1:00pm	28	29	30  Betty Francies	

July 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1  Independence Day Fireworks Clayton High School
2	3	4  Celebrate America! HAPPY INDEPENDENCE DAY	5  Cecilia Soporowska	6	7  World Chocolate Day	8  Tammy Wallis
9	10	11  House of Hope Meal	12	13  Susan Mancuso	14  H&W CSP-Bingo at Senior Center 10am	15
16  Lynn Roman  National Ice Cream Day	17	18  TWCC Board Mtg 10am TWCC Clubhouse	19  NATIONAL HOT DOG DAY	20	21	22
23  Debbie Plaster  PARENTS DAY PARENTS DAY PARENTS DAY	24  Susan All	25  Shauna McFarland TWCC Bunco TWCC Clubhouse 1:00pm	26  Jeanne Dahl	27	28	29  NATIONAL LASAGNA DAY July 29
30  Denise Fries	31					

August 2023

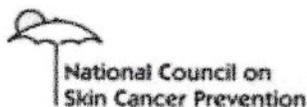
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 	2	3  <i>Alease Young</i>	4 	5
6	7 	8  House of Hope Meal	9	10  E&L CSP Kick Off TWCC Clubhouse 10:30am Downtown Concert Cash Unchained 6:30pm	11  H&W CSP-Bingo at Senior Center 10am	12
13	14	15  TWCC Board Mtg 10am TWCC Clubhouse	16  CEO CSP Kick Off TWCC Clubhouse 11:00am-1:00pm Light Lunch Provided	17 	18	19  <i>Laurie Partlo</i>
20	21 	22  TWCC Bunco TWCC Clubhouse 1:00pm	23	24  Member Social 6:00pm-7:30pm TWCC Clubhouse	25  <i>Brenda Hill Christie Latham</i>	26  <i>Robin Rose</i>
27	28  <i>Debbie Ragland Tina Zimmerman</i>	29	30  Pampered Chef Party 1-4pm TWCC Clubhouse	31		

TWCC Proposed Budget 2023-2024

	Approved Budget 2022-2023	Proposed Budget 2023-2024	Fixed Expenses	Actuals 3/4/2023	Comments
INCOME					
Clubhouse Rentals	\$ 16,000.00	\$ 16,000.00	house exp \$17,371.00	\$ 14,380.92	No change from prior year
Clubhouse Rental Deposits	\$ 6,000.00	\$ 6,000.00		\$ 5,900.00	This number is a 'wash' we refund everything taken in
Membership Dues	\$ 3,345.00	\$ 4,015.00	73 members + 3 honorary	\$ 4,135.00	increase due to increased membership
Food Income	\$ 1,160.00	\$ 2,130.00	20.00/mo/member	\$ 1,460.00	requesting increase to \$30.00 per member
Scholarships	\$ 2,000.00	\$ 2,500.00		\$ 4,500.00	Changed per Exec Board
Civitan Donation	\$ 2,000.00	\$ 1,000.00		\$ 1,924.00	unsure of what they will be able to do this year
Fundraisers (TBD)	\$ 35,187.20	\$ 38,000.00		\$ 19,924.61	Taste = 28000; Murder = 4600; Lights = 3000; Tree Light = 1000; May Silent = 1600
TOTAL INCOME	\$ 65,692.20	\$ 69,645.00			
EXPENSES					
Clubhouse Operations					
* Custodian	\$ 4,800.00	\$ 4,800.00	400.00/month	\$ 3,600.00	no change from prior year
* Clubhouse Supplies	\$ 500.00	\$ 500.00		\$ 234.17	no change from prior year
* Electric/Water/Irrigation	\$ 2,600.00	\$ 2,600.00		\$ 1,804.56	no change from prior year
* Gas	\$ 800.00	\$ 800.00		\$ 663.75	no change from prior year
* Trash	\$ 673.00	\$ 820.00	68.27/month	\$ 581.17	increase due to rate increase
* Pest Control	\$ 377.00	\$ 466.00	79.00/quarterly+150.0 0 termite	\$ 387.00	increase due to include termite
* Lawn care	\$ 3,000.00	\$ 5,383.80	250.00/month + mulch etc	\$ 2,090.00	increase to include mulch (last year 1200.00)
* Backflow/Winterizing	\$ 350.00	\$ 350.00		\$ 240.19	no change from prior year
* Insurance	\$ 1,745.00	\$ 1,900.00		\$ 1,871.00	increase due to rate increase
* Piano Tuning	\$ 160.00	\$ 135.00		\$ 135.00	actual charge
Fundraisers	\$ 19,000.00	\$ 5,500.00	Farm = 2000, Violin=500	\$ 2,937.05	Taste = 3000; Murder = 200; Lights of Love = 750; Tree Lighting = 100; May Silent = 0
GFWC-NC Dues (\$50/ea)	\$ 3,000.00	\$ 3,500.00		\$ 3,550.00	increase due to increased membership
District 8 Dues (\$4/ea)	\$ 252.00	\$ 280.00		\$ 304.00	increase due to increased membership
Clubhouse Rental Deposit Return	\$ 6,000.00	\$ 6,000.00		\$ 7,228.89	no change from prior year - this is exactly what we bring in
Club Upgrades/Repair	\$ 1,500.00	\$ 1,500.00		\$ 250.00	no increase from prior year - any funds remaining push to Reserved for Clubhouse
Website	\$ 500.00	\$ 500.00		\$ 377.37	no increase from prior year
President's Fund	\$ 300.00	\$ 350.00		\$ 100.00	increase gradually to get to pre COVID amounts
Postage/Printing/Newsletter	\$ 100.00	\$ 400.00		\$ 308.30	increase due to current year actuals
Bank Fees	\$ -	\$ 50.00		\$ 50.00	fee for Safe Deposit Box
Food Expense	\$ 1,160.00	\$ 2,130.00		\$ 606.61	increased due to food costs - average is \$4 per person
Chamber of Commerce membership	\$ 140.00	\$ 175.00		\$ 175.00	increase due to rate increase
Professional Fees	\$ 200.00	\$ 3,000.00			anticipate CPA fees
Reserve for Clubhouse Renovation	\$ 5,000.00	\$ 5,000.00			This was a new line-item last year - to prepare for emergencies
Annual Deposit to Savings	\$ 1,000.00	\$ 1,000.00			no increase from prior year
CSP's					
Civic Engagement	\$ 300.00	\$ 500.00		\$ 246.00	Increased by Exec Board
Art & Culture	\$ 300.00	\$ 500.00		\$ 200.00	Increased by Exec Board
Education & Libraries	\$ 300.00	\$ 500.00			Increased by Exec Board
Environment	\$ 300.00	\$ 500.00			Increased by Exec Board
Health & Wellness	\$ 300.00	\$ 500.00		\$ 500.00	Increased by Exec Board

TWCC Proposed Budget 2023-2024

	Approved Budget 2022-2023	Proposed Budget 2023-2024	Fixed Expenses	Actuals 3/4/2023	Comments
CSP Special Projects					
Local Arts Festival	\$ 400.00	\$ 400.00		\$ 410.00	no increase from prior year
Local Arts Festival Reception	\$ 100.00	\$ 100.00		\$ 73.49	no increase from prior year
District & NC Arts Festival	\$ -				
Student Music Competition		\$ 500.00			per Exec Board
Puppet Show	\$ 100.00	\$ 100.00			no increase from prior year
Education Scholarships					
Sallie S. Cotten Scholarship	\$ 1,000.00	\$ 1,500.00		\$ 1,000.00	Increase per Exec Board
JCC Scholarship (Sybil Champion Scholarship)	\$ 1,000.00	\$ 1,000.00		\$ 966.63	no increase from prior year
Gifts to Organizations					
Backpack Buddies	\$ 500.00	\$ 500.00			no increase from prior year
Boys & Girls Homes	\$ 200.00	\$ 350.00			increase gradually to get to pre COVID amounts
Christmas Kids	\$ 4,500.00	\$ 5,250.00	#70 x \$75.00	\$ 4,951.31	increase to 70 kids
Senior Wishes	\$ 300.00	\$ 300.00	#6 x \$50.00	\$ 150.00	no increase from prior year
Civitan Ticket & Raffle	\$ 200.00	\$ 200.00		\$ 200.00	no increase from prior year
Friends of the Library	\$ 750.00	\$ 750.00			no increase from prior year
Memorials to HEML	\$ 75.00	\$ 75.00	#3x25.00	\$ 25.00	no increase from prior year
GFWC-NC - Honor Club	\$ 120.00	\$ 120.00		\$ 120.00	no increase from prior year
GFWC-NC 1902 Society	\$ 190.20	\$ 190.20		\$ 190.20	no increase from prior year
My Kids Club	\$ 200.00	\$ 350.00			increase gradually to get to pre COVID amounts
President's Choice Project	\$ 300.00	\$ 350.00			increase gradually to get to pre COVID amounts
Clayton Area Ministries	\$ 200.00	\$ 350.00			increase gradually to get to pre COVID amounts
Harbor House	\$ 200.00	\$ 350.00			increase gradually to get to pre COVID amounts
TOTAL EXPENSES	\$ 64,992.20	\$ 62,375.00			



www.skincancerprevention.org

BACKGROUND INFORMATION

Don't Fry Day



Main Message: The Friday before Memorial Day is *Don't Fry Day*: Protect your skin today and every day.

Millions of Americans will enjoy the great outdoors this weekend. Skin cancer, caused by too much sun, is the most common of all cancers in the United States. More people will be diagnosed with skin cancer this year than breast, prostate, lung, and colon cancer combined.

The National Council on Skin Cancer Prevention reminds you to enjoy the outdoors safely. We have named the Friday before Memorial Day *Don't Fry Day*. In the same way we teach kids to wear bike helmets, we can also teach them to wear wide-brimmed hats.

What You Can Do to Be Safe in the Sun:

- 1. Do Not Burn**
Overexposure to the sun is the most preventable risk factor for skin cancer.
- 2. Avoid Sun Tanning and Tanning Beds**
Ultraviolet (UV) light from tanning beds and the sun causes skin cancer and wrinkling. If you want to look like you've been in the sun, use a sunless self-tanning product instead.
- 3. Cover Up**
Wear protective clothing, such as a long-sleeved shirt, pants, a wide-brimmed hat, and sunglasses, where possible.
- 4. Seek Shade/Use Umbrellas**
Seek shade when appropriate. Remember that the sun's UV rays are strongest between 10 a.m. and 4 p.m.
- 5. Generously Apply Sunscreen**
Generously apply sunscreen to all exposed skin using a Sun Protection Factor (SPF) of at least 30 that provides broad-spectrum protection from both UVA and UVB rays. Reapply every two hours, even on cloudy days, and after swimming or sweating.
- 6. Use Extra Caution Near Water, Snow and Sand**
Water, snow and sand reflect the damaging rays of the sun, which can increase your chance of sunburn.
- 7. Check the UV Index**
The UV Index provides important information to help you plan your outdoor activities in ways that prevent overexposure to the sun. Developed by the National Weather Service (NWS) and EPA, you can find the UV Index for your area online at: <http://www.epa.gov/sunwise/uvindex.html>.
- 8. Get Vitamin D Safely**
Get vitamin D safely through a diet that includes vitamin supplements and foods fortified with vitamin D. Don't seek the sun or indoor tanning.