

## The Woman's Club of Clayton

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<http://twccnc.org>

NC General  
Federation of  
Women's Clubs  
[www.gfwcnc.org](http://www.gfwcnc.org)



The Woman's Club of Clayton is a member of the General Federation of Women's Clubs (GFWC), an international women's organization dedicated to community improvement by enhancing the lives of others through volunteer service.

### Officers

*President*

**Donna Steele**

*1st Vice President*

**Mary Sinzdak**

*2nd Vice President*

**Laurie Partlo**

*Recording*

*Secretary*

**Susan Quinn**

*Corresponding*

*Secretary*

**Susan Johnson**

*Treasurer*

**Rachel Masimore**

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# Club Chatter



Volume 2019, Number 2

February 2019

## From Our President

*Donna Steele*

Brrr! It's been cold and all of us are trying to stay warm! I hope all of you have been out and about, participating in the January events. Even though it's been cold, we all enjoy seeing each other at our meetings and participating in our projects.

Our January **meeting** was beautifully decorated in our International theme by our member speaker, Brenda Gay and the Home Life Community Service group. Betsy Grannis, The Morning Glory Inn, catered our luncheon. Thank you to Charlene Butala and Arianna Harrison, and their Home Life Community Service team for hosting our meeting.

We all enjoyed hearing about the **Friendship Force** and the international travels of Brenda Gay. She had many entertaining stories about learning about other cultures while staying in the Friendship Force members' homes in many countries such as Japan, Russia, Australia and Morocco, just to name a few.

Our meeting was well-attended, and we had 4 visitors and 54 members. Nancy Maynard

joined our club at this meeting. Please welcome and introduce yourself to our 15 new members!

I saw many of you at the **Student Art Awards Ceremony** on January 10, 2018 at the Clayton Center and thank you for your support. While enjoying the art, I came to realize that we really have many talented art students in the Clayton schools. If you haven't seen all the art, please go by the Clayton Center soon as the art is displayed through January 31. You will be amazed at the students' creativity. Thank you to Susan Johnson and her team for your dedicated efforts to make the Arts Festival such a success.

**Ways and Means:** Our Ways and Means Committee led by Teresa Mathis has met and recommended several fundraisers for this year. We agreed to sponsor 4-5 fundraisers before June 1 in order to meet our fiscal obligations for the year. Please step up and volunteer!

**Clayton Sesquicentennial 2019!** For one fundraiser in 2019, The



Woman's Club of Clayton has partnered with the Friends of the Hocutt-Ellington Library and the town of Clayton to host a presentation and book-signing of the popular North Carolina author, Scott Mason,



The Tarhill Traveler, on Thursday evening, June 13, 2019 from 6:00 - 10:00 pm at the Gateway Event Center in Clayton. This will be a catered event with our own Betsy Grannis of the Morning Glory Inn providing the food. We will have 200 tickets to sell to the public and we are looking forward to inviting all of Raleigh to Clayton for this Sesquicentennial event. Please sign up and get involved with ticket sales, decorations, logistics, donations and sponsors.



2/12 Dianne Carroll

2/12 Jean Lee

2/21 Judy Hoffman

2/23 Donna Steele

## NEWS & NOTES

LIVING THE VOLUNTEER SPIRIT THROUGH GFWC

Do you want to know more about GFWC activities? You can sign up to receive GFWC's **News & Notes** which comes out on a weekly basis.

Go to [www.gfwc.org](http://www.gfwc.org). Click on "News & Publications", then "News & Notes". Scroll down to the bottom of the page and you will see "Sign Up for News & Notes" and enter your email address.



### Martin Luther King Day of Volunteering, January 21, 2019.

We were one of the 1000 clubs who planned service projects for January 21. I thank Mary Sinzdak and all of you who volunteered at the Harbor House store in Smithfield sorting clothes to be sold.

And speaking of **Team-work** in our club, we

have looked at the picture of the flock of geese flying in a perfect V formation since September! Scientists have studied why geese are so successful in what they do. This month I congratulate all of our club members for agreeing to rotate leadership with all of our projects and fund-raisers moving forward! We will meet

our fund-raising goals if we continue to work and communicate as a team!



I look forward to seeing you at our February meeting on the 13th!

## Puppet Shows

Chair: Jeanne George

We are reviving the puppet shows and already have a request for our first one! **We are in need of some puppeteers!** Anyone that would enjoy being behind a stage, working a puppet and has a strong voice that will project to First Graders, please send an email to: [creativejeanne@mac.com](mailto:creativejeanne@mac.com) No experience necessary. Loads of fun! Thank You!

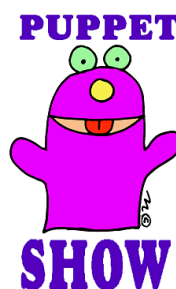
Past TWCC President, **Margaret Lee** is thrilled the puppet show is returning and has provided a history of its origination:

In 2010 I wanted to introduce to our children in Clayton a puppet show on bullying, good manners and many other things. I asked if I could write and ask for a grant from then Embarq.

We did receive the grant from Embarq for \$300! We then proceeded to speak with a lady who traveled throughout the country doing these puppet shows. She told me what puppets to buy and where to buy a stage. She also provided us with some of the verbiage for our show.

We then introduced "The Men of Distinction" from Clayton HS to our puppet show. This was done by having these students who were being mentored by Coach Marlon Lee on the topics we were proposing for our first graders! A perfect combination came to be until a sudden death in our woman's club family and we decided that we could not continue with this show out of our sadness and respect for this young woman who died too early in her life.

Just wanted to provide a brief history lesson for those of you that didn't know about our first puppet shows.



### Dine & Donate at Vinson's, February 19-21



Plan lunch and/or dinner out on February 19, 20 or 21. Take one of the coupons attached to this newsletter and give it to your wait staff when the bill is paid. TWCC will receive 10% of the receipts for those 3 days when the coupon is presented. Receipts are based on dine in only and alcohol is not included in the 10% the club receives.

**Please share the coupons with your family and friends!!!**

## January Meeting Highlights



*Brenda Gay speaks on  
Friendship Force*



Linda Strevig has been having cardiac issues which are currently under evaluation.

Belle Allen is recovering from COPD complications.



*Notify Susan Johnson,  
Corresponding Secretary,  
if a card from the club  
needs to be sent to anyone*

The January 9 TWCC lunch meeting was catered by Morning Glory Inn and hosted by the Home Life CSP.

The International CSP was responsible for the program on **Friendship Force International** which was presented by TWCC member Brenda Gay (pictured at left).

Mary Sinzduk introduced 3 **guests**. One of the guests, Nancy Maynard, joined TWCC. Two Night 'N' Gals members were recognized, Judy Ryan and Patty Jo Johnson. Judy has retired and will begin attending the lunch meetings.

**Club Woman Awards** were presented by Mary Sinzduk. Congratulations to the winners who will be submitted to the State competition (since district 8 no longer participates in these awards).

- Clubwoman of the Year—**Betsy Grannis**
- Clubwoman with Heart—**Mary Ellen Causby**
- Citizenship Award—**Rachel Masimore**



*(Mary Ellen Causby, Rachel Masimore,  
Betsy Grannis and Mary Sinzduk)*

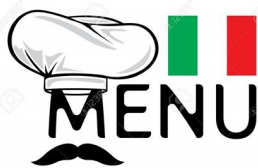
Other items covered in the meeting:

- Dianne Carroll explained the **Puppet Program** that has been done in the elementary schools. She demonstrated some of the puppets and explained that a stage, scripts and puppets are available but someone is needed to head up the program. New member **Jeanne George** volunteered to assume this role.
- Rachel Masimore presented pro-

posed changes to the 2018-2019 **budget**. Revisions are necessary due to unexpected expenses and reduced funds earned. The revised budget was approved.

- Susan Johnson read a proclamation from the town council declaring January as **Student Arts Month**.
- Mary Sinzduk reported that TWCC will have a **day of service** on January 21st, **Martin Luther King Day**. TWCC members wanting to participate should be at the clubhouse at 9am to prepare for travel to Harbor's Pizazz store in Smithfield. Members will help organize donations.
- Angela Williams reported that TWCC has been awarded a **grant** for \$4250 to help pay for painting of the clubhouse.
- The Art CSP is looking for volunteers to help with **Clayton Youth Theater**, February 21-23. Volunteer needs and instructions for each role are detailed at the following: Concession Team Donations—[bit.ly/divinersconcessiondonations](http://bit.ly/divinersconcessiondonations); Concession Sales—[bit.ly/divinersconcessions](http://bit.ly/divinersconcessions); Usher Team—[bit.ly/divinersushers](http://bit.ly/divinersushers)
- Betsy Grannis stated the Education CSP will be collecting **children books** for first graders and **small stuffed animals** to be used as reading buddies at the February lunch meeting. Book Bags will be made for the Cooper Academy first graders.
- **St. Baldrick's** fundraiser will be March 16. Once again, Betsy Grannis will have her head shaved and will be soliciting sponsorships at the February and March meetings.
- **Ways and Means Committee** will meet January 15th at 1:00 at the clubhouse to brainstorm ideas for fundraisers. All TWCC members are welcome.
- Judy Ryan, who handles clubhouse rentals, is looking for 5 TWCC members to serve on a **rental committee** to determine ways to boost rentals.
- The **ESO Book Club** will meet February 5th at 10:00am at Boulevard Coffee Shop on Main Street. Contact Brenda Gay if you plan to attend.





### February Menu

Entrée will be provided  
by **Morning Glory Inn**

Baked Spaghetti  
Salad  
Garlic Bread

**Art CSP** will host and  
provide dessert & beverages

shot  
@life

Invest in a healthier world.  
Immunize a child.

COMING  
SOON

### St. Patrick's Night Out

Stay tuned for more  
information about an  
exciting TWCC raffle!

Dinner at Manning's  
for 12 on March 16th  
(alcohol not included)

Limo ride to and from  
restaurant

## Education CSP

Co-Chairs: Betsy Grannis, Marlene Dillon



The Education CSP is happy to welcome new members **Terri Sessoms, Marcie Vedelli, Jeanne George and Melissa Kennedy.**

The Education CSP is busy with a few projects. As you heard at our last meeting, we will be putting together the **Book Bags** for first graders at Cooper Academy to encourage literacy and the love of reading from an early age. In order for us to do this project **we need the support of all of our members.** We will be **collecting books** (new or gently used first grade level) and **reading buddies** (brand new small stuffed animals, not used) at our meeting. We will have bins at the back table for you to drop your items. We appreciate your generosity to put this project together.



We also have some exciting news from our **Scholarship Committee**; Betsy Grannis, Terri Sessoms and Margaret Lee (*pictured at left*) and Marlene Dillon! Most years we have modest participation from our local high schools, usually interviewing a handful of students for our **Sallie Southall Cotten Scholarship**. This year we had overwhelming response, interviewing **21** students!! And what an amazing group of young people they were! It was a very difficult decision, but we have chosen a winner to send on to our District 8 scholarship competition in February: **Ashley Arredondo**. Our winner is an academically accomplished young woman, with a GPA of 4.36. Ashley is a well-rounded and focused young lady. She has risen above her situation in life through hard work and determination. She knows what she wants to do with her life and she has created a path to achieve those goals. You will get to meet Ashley at our February meeting as she shares some thoughts with us.

## Night 'N' Gals/International CSP

Chair: Robin Sachsenheimer



The Night 'N' Gals welcome new member **Tara Knight**. The next meeting will be **Tuesday, February 19th, 7:00pm** at the clubhouse.

**Shot at Life**—Please get your flu shot at Walgreens and send your name to Mary Sinzdak at msinzdak@yahoo.com.

## Home Life CSP

Co-chairs: Charlene Butala, Arianna Harrison



Welcome to new Home Life CSP members **Jo Ann Ellington, Nona Kelly and Betty Lou Evans.**

## Public Issues CSP

Co-Chairs: Bree Rude, Jamie Kosik



Welcome to new members **Nancy Maynard, Jean Barnes and Kim Wellons** who has been assigned to Public Issues CSP!!



**Clayton Youth Theater (Need baked goods and persons to help at concessions and usher)**

**Puppeteers**

**Miss America Tea (need finger sandwiches, baked goods, punch, volunteers to set up, serve and clean up)**

**Volunteers to distribute Clubhouse rental flyers at Clayton Wedding Expo**

**Backpack Buddies**

**Silent Partner**

**Walgreen's Shot @ Life**

## Art CSP Co-Chairs: Angela Williams, Faye Brooks, Dianne Carroll



The Art CSP welcomes new members **Suzanne Green and Monika Story**.

The Arts CSP is again working with the **Clayton Youth Theater**. We are asking members to donate items for the concession stand and to help at the concession stand. If you go to the following web sites you will find information on what is needed. You can sign up and they will automatically send you a reminder.

Concessions Team Donations: [bit.ly/divinersconcessiondonations](http://bit.ly/divinersconcessiondonations)

Concession Sales: [bit.ly/divinersconcessions](http://bit.ly/divinersconcessions)

The play is "The Diviners" and will be on February 21, 22, & 23 at 7:00 pm at the Clayton Center.

## Conservation CSP Chair: Rachel Masimore



Conservation CSP is happy to welcome **Judy Ryan and Loretta Mascia** to our CSP. Judy was previously in Night 'N' Gals but is now attending the day-time group following her recent retirement.

## ESO Book Club Chair: Brenda Gay



ESO book club members, we will meet at Boulevard West Coffee Shop (on Main Street across from the community park) on **Tuesday, February 5th at 10:00am**. Please let Brenda Gay (919-763-7117; email, [bmgay82@gmail.com](mailto:bmgay82@gmail.com)) know if you plan to attend or not.

### BOOK REVIEW

*(Provided by Mary Sinzduk)*

**KILLERS OF THE FLOWER MOON; The Osage murders and the Birth of the FBI** by David Grann

David Grann came to the Osage Nations Museum in Oklahoma after hearing a historian's report of a series of 1920's murders of Osage people. There he viewed a large wall photograph of Osage and white settlers with a portion obviously removed. The director, who had removed the section, told him that part was "where the devil stood". Intrigued by a part of history he knew nothing about, Grann began to investigate the story of this "devil" and a huge criminal conspiracy and racial injustice unknown by most Americans. Uncovering the murders of the Osage fell to the newly formed federal investigative organization which was eventually named the FBI. This well-documented history is a warning of what can occur when racism and greed are unchecked.

## Ways and Means Committee Chair: Teresa Mathis



The Ways and Means Committee has been very busy planning a variety of events to help raise funds needed to meet the club's financial obligations. Some information is included in this newsletter for some of the events such as **Dine & Donate, Tricky Tray, and Miss America Tea**. Information related to other fund raisers will be included in future newsletters or information will be sent out via email. Some upcoming events are: **Murder Mystery Nite, March 15th** (chairs Betsy Grannis and Margaret Lee); **St Patrick's Night Out, March 16th** (chair Rachel Masimore); **Flower Sale**, various dates in April (chair Rachel Masimore); **End of Year Silent Auction**, May 8th (chair Teresa Mathis); **Literary Event**, June 13 (chair Donna Steele).





RSVP your CSP Chair by **Sunday** before the meeting if you will be attending the **February** lunch meeting as well as any guests you may be bringing.

Things to bring to the **February** meeting:

- Children's Books for First Graders (new or used)
- Small stuffed animals for book bags
- Money to sponsor Betsy Grannis for St. Baldrick's fundraiser
- A pen to sign up for numerous volunteer opportunities!



TWCC members at the local arts festival: Brenda Hill, Peggy Earp, Susan Johnson, Ruth LaRocca, Donna Steele

## Art Festival

Chair: Susan Johnson



The local arts festival was held on **Thursday January 10th** at the Clayton Center in cooperation with the Clayton Visual Arts monthly artist reception. Certificates, ribbons, and cash prizes were awarded. There were **40 first place winners** whose works will go to the State Arts Festival on March 9th. The art will remain on display at the Clayton Center through January. Below are pictures of a few of the winners.

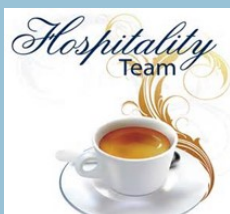
### Pictures from Some of the First Place Winners

First Pictures Below - Grades 9-12 Pastel Painting (L) and Watercolor (R).

Bottom Left -Grades 9-12 Pen and Ink Drawing.

Bottom Right -Grades 6-8 Pastel Painting





In the event of illness or bereavement, members are encouraged to contact Jamie Kosik if assistance is needed with meals, errands, etc. Call 561-351-0965 or email [jamiekosi@yahoo.com](mailto:jamiekosi@yahoo.com)



- Go to [amazon.com](https://www.amazon.com)
- In the search box, search Amazon Smile
- In the first box, click on "About AmazonSmile" (here you can read about the program)
- Click on "Get Started"
- If you already have an Amazon account, sign in. If you do not have an account, click on "Create an account" (Note: to create an account, a credit card is not needed)
- After you are signed in, go to the box, "Or pick your own charitable organization:"
- Type in "Womans Club of Clayton".
- 2 options will appear so be sure to select Clayton, NC
- After you make your selection, you are reminded to use [smile.amazon.com](https://smile.amazon.com) to access Amazon in order for proceeds to be allocated to TWCC
- Bookmark the [smile.amazon.com](https://smile.amazon.com) link

## Let's go for a walk

Several TWCC members braved the cold and wind to enjoy a walking tour of downtown and First Street on January 17th with town historian Pam Baumgartner. Some of the walkers warmed up and enjoyed lunch at Vinson's.

For February, walking outside may be too cold so a walking tour of the **NC Museum of Art** is planned for Thursday, **February 21**. A free docent led tour begins at 1:30 pm. Iris restaurant at the museum is a fine place for lunch prior to the tour. If you are interested, please contact Mary Sinzdak ([msinzdak@yahoo.com](mailto:msinzdak@yahoo.com)).

*Pictured left to right: Sarah Brooks, Nadine Wells, Susan Johnson, Christina Julian, Monika Story, Rachel Masimore, Mary Sinzdak*



## Martin Luther King Day



### MLK Day of Service

On January 21st, Martin Luther King Day, TWCC members **Monika Story, Jean Barnes, Judy Hoffman, Judy Ryan, Rachel Masimore and Mary Sinzdak** (pictured below) worked about two hours at the Pizazz store in Smithfield. Members helped sort donations at the Smithfield store that is owned by Harbor, Inc. Members found the store to be larger

than the Clayton store and it was very nice with terrific bargains. They have men, women and children's clothes, household items and toys. The day was made brighter as members worked and listened to music provided by Jean Barnes. Thanks members for honoring this special day with your service!



Members who order from Amazon are encouraged to sign up for AmazonSmile. AmazonSmile is a simple and automatic way for you to support TWCC every time you shop, at no cost to you. When you shop at [smile.amazon.com](https://smile.amazon.com), you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate a portion of the purchase price to your favorite charitable organization. Instructions for signing up are included in this newsletter.





**Miss Clayton  
Miss Capital City**  
Scholarship Pageant

**BLACKLEY'S  
PRINTING  
& SIGN SHOP**

Thank You Joyce  
Blackley!!

TWCC will be hosting a tea on **March 2nd** so young ladies (Carolina Princesses) from across the state, ages 6-12, can meet and hear a presentation from **Miss America 2019, Nia Franklin**. Nia's pageant roots began in Clayton in 2016 when she was crowned **Miss Capital Cities** so she will be returning to where it began. When she won Miss America, she was representing the state of New York.

Nia graduated from **North Davidson High School** in Welcome, North Carolina in 2011. She then attended **East Carolina University** and graduated with a degree in music composition in 2015. During her freshman year at ECU, her father was diagnosed with non-Hodgkins lymphoma. Years later, her father relapsed twice and required a stem cell transplant. Franklin was found to be a match and then donated her stem cells, ultimately leading to her father's remission.

After graduating from East Carolina, she attended the **University of North Carolina School of the Arts (UNCSA)** and earned her Master of Music in 2017 also in music composition. She composed a chamber opera titled *King Solomon*, that premiered in 2015. Franklin moved to New York City after being selected as a **2017 William R. Kenan Jr. fellow with the Lincoln Center for the Performing Arts'** education division.

As a student at UNCSA, Franklin was a member of **ArtistCorps**, an AmeriCorps program that invites well-known artists into public schools and community centers to work with students with decreased access to arts programming. After relocating to New York, Franklin worked closely with Success Academy Charter Schools, founding a music club for students, and served as a cultural partner with the NYC-based non-profit organization, Sing For Hope.

This tea will be a **fundraiser for TWCC**. Our responsibility will be to plan and host the Tea. The Miss Clayton/Capital City Pageant will advertise, recruit and sell tickets to 55 young ladies for the event. Tickets for the event will sell for \$30 and raffle will be held for attendees for a chance to sit at the head table with Nia. **TWCC will earn half of the profits from the event.** The event will run from 10:30am-12:30pm. Nia will give a short presentation about being Miss America and the opportunities young ladies can achieve. She will then provide a picture and personalized autograph for each young lady.

### What is Needed by TWCC members?

**Food items (tea sandwiches, nuts, mints, baked goods, punch, ice)**  
**Decorations (2 flower arrangements for mantle and serving table; individual decorations for each table)**

**VOLUNTEERS to set up (must set up morning of March 2nd), serve during event, clean up (must be cleaned and out by 4pm)**

**Please contact Sarah Brooks**  
**(sbrooksgolfer@gmail.com, 919-550-0874)**  
**if you are able to provide any of the above items**

### Clubhouse Rentals

Chair: Judy Ryan



Rentals for the clubhouse were reduced recently due to issues with the TWCC website that were recently resolved. The rentals are improving but a **committee** will be appointed to address ways to improve the rentals through more effective advertising/communication. There is one opportunity on **February 2nd** during the Wedding Expo at the Clayton Center. Joyce Blackley from Blackley Printing has graciously agreed to allow TWCC to distribute flyers (attached at end of newsletter) about the clubhouse rental from her rented booth at the event. Judy Ryan and Sarah Brooks will work from 10am-Noon. **2 more volunteers are needed from Noon-2pm.** Please contact Judy Ryan at JaRyan612@gmail.com or 919-619-8155 if you can assist on February 2nd or want to be on the committee.



# MARK THE DATE

IN YOUR CALENDAR

## February 2

Wedding Expo  
(distribute TWCC clubhouse flyers)  
Clayton Center  
10:00am-2:00pm

## February 5

ESO Book Club  
Boulevard West  
10:00am

## February 12

Art CSP to set up for lunch meeting  
10:00am

## February 13

TWCC Lunch Meeting hosted by Art CSP  
11:45am

## February 19

Night 'N' Gals Meeting (meet with Junior Woman's Club)  
7:00pm

## February 19-21

Dine & Donate fundraiser at Vinson's

## February 21

Walking Group Tour of NC Museum of Art  
1:30pm  
Lunch prior to tour at museum

## February 22

Tricky Tray  
Civitan Center  
6:00pm

## February 21-23

Clayton Youth Theater production of Diviners

## March 2

Miss America Tea  
TWCC Clubhouse  
10:30am-12:30pm

## March 15

Murder Mystery Nite

## March 16

St. Patrick's Night Out  
Manning's

## March 16

St. Baldrick's Fundraiser (Sponsors needed to support Betsy Grannis)

## June 13

Literary Event  
Tarhill Traveler  
6pm-10pm  
Gateway Event Center

## Tricky Tray Fundraiser

Chair: Bree Rude



Plans are underway for a **Tricky Tray** raffle at the Civitan Center on **February 22nd. Doors will open at 6:00pm and drawings start at 7:00pm.** This event is a combination of raffle and auction. A \$10 admission fee gives you one set of tickets. Additional tickets will be available for purchase. There will also be a 50/50 raffle and a lottery lady.

In order to make this possible, **donations** for baskets are needed. The baskets do not have to be as big as the items we have in the Taste of Carolina Cuisine silent auction. We are looking for anything new you might have in your home that you don't want and you would like to donate. Toys for girls and boys would be terrific! We will also be soliciting businesses for some nice prizes or gift cards.

Please contact Bree Rude (njpanc@gmail.com; 919-585-2905) if you have an item to donate.



For those of you that attended our meeting in January, you already know that this is the 10<sup>th</sup> annual **St. Baldrick's event to be held in Clayton**. You also may know that **Betsy Grannis** has chosen to participate as a shave again this year (**March 16th at Deep River Brewing**). This is her third time as a

participant and she is looking forward to earning the title "Squire of Hope"! The **participants shave their heads** in solidarity with the children they are raising money for. Betsy wanted to share some information about how your generous donation will be used:

Every dollar raised is critical, and over the last 10 years that we've been doing our event, many advancements have been made in the fight against childhood cancer. One of the most exciting advancements is **immunotherapy**.

### Immunotherapy

St. Baldrick's researchers are at the forefront of an entirely new kind of treatment - Immunotherapy. The concept is simple: modify the immune system so it can identify, target and kill cancer cells, leaving healthy cells unharmed.

While most kids with B-cell acute lymphoblastic leukemia (ALL) are cured with standard chemotherapy, for those who relapse, the outlook is grim. To change that, Dr. Kevin Curran at Memorial Sloan Kettering Cancer Center in New York is working on gene therapy to create "cancer assassins" - anti-CD19 CAR modified T cells, to be exact.

At the University of Alabama at Birmingham, Dr. Gregory Friedman's research uses the herpes virus to defeat medulloblastoma. With one gene removed, the virus can't replicate and can't kill healthy cells - but it does kill tumor cells, and even the cells that can make the tumor grow back. The virus also stimulates the immune system, which could give this therapy a one-two punch towards knocking out medulloblastoma.

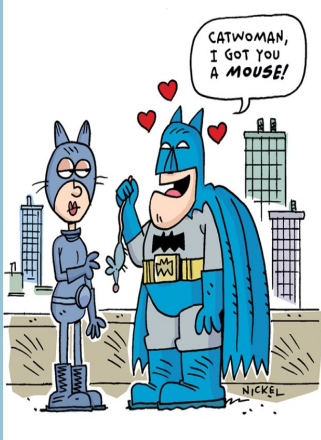
A four-year, \$14.5 million project co-funded by the St. Baldrick's Foundation and Stand Up To Cancer, Dream Team researchers from seven institutions across North America are working together to find new ways to use genomics (the study of genes and their functions) and immunotherapy to target cancer cells. Amazingly, 93% of patients enrolled in Dream Team trials showed no evidence of disease after just one infusion of modified T cells. One year later, 55% of those patients remained in remission.

In Aug. 2017, the FDA approved the very first gene therapy (Kymriah) in the U.S. making it the fourth drug in 20 years to be approved specifically for kids with cancer. "The support of the St. Baldrick's Foundation during the development of this therapy was indispensable for teaching physicians how to render it as effectively and safely as possible." Dr. Crystal L. Mackall, Professor of Pediatrics and Internal Medicine at Stanford University, associate director of Stanford Cancer Institute, and co-leader of the St. Baldrick's - SU2C Pediatric Cancer Dream Team. Given to children and young adults whose leukemia could not be cured by any other means, the treatment produced remission within three months for 83% of patients.

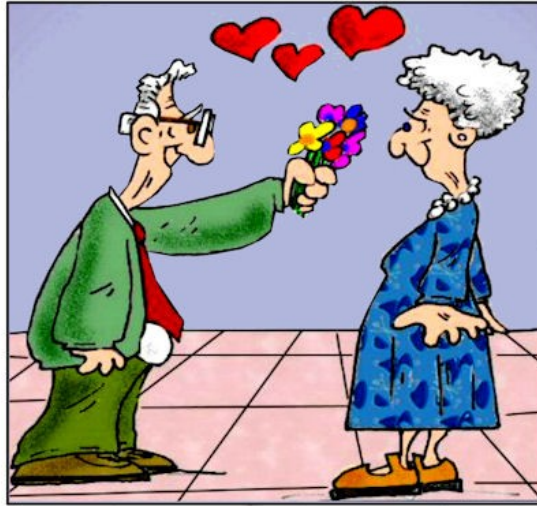
**We need your help to continue the progress.** The site is live for signups and donations here: [www.stbaldricks.org/events/clayton2019](http://www.stbaldricks.org/events/clayton2019)

Just look for participants under my name (Betsy Grannis) and you can donate there. I will also be collecting any cash or checks you would like to give at our meetings in February and in March.

**Thank you all for your support. You are all heroes for kids with cancer!**



## The Back Pew - Jeff Larson

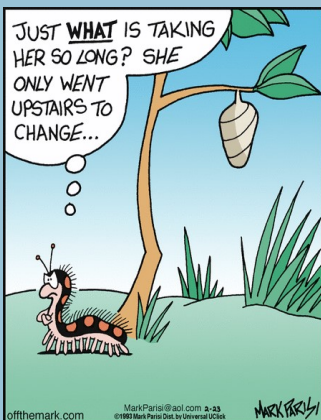


Your teeth are store bought and as white as the hairs on yer head. **Song of Solomon for Seniors**

www.onlinedatingmagazine.com



"I don't need a silly little card or candy for Valentine's Day. I like the hard stuff... diamonds!"



I feel like my body has gotten totally out of shape, so I got my doctor's permission to join a fitness club and start exercising. I decided to take an aerobics class for seniors. I bent, twisted, gyrated, jumped up and down, and perspired for an hour. But, by the time I got my leotards on, the class was over.

# EXERCISE FOR SENIORS



## Recipe Corner



*Recipe provided by  
Sarah Brooks*



**Send your favorite  
recipes to**

[sbbrooksgolfer@gmail.com](mailto:sbrooksgolfer@gmail.com)



Do you have club member news, personal announcements, family news, personal achievements or recipes to share with club members?

Please submit items by the **25th** of the month to the "Club Chatter" Editor,  
Sarah Brooks  
[sbbrooksgolfer@gmail.com](mailto:sbrooksgolfer@gmail.com)

*Recipe provided by  
Angela Williams*

### Chicken Piccata

#### Ingredients

2 1/2 tablespoons cornstarch, divided  
1/2 cup water plus 3 tablespoons water  
Salt and Freshly Ground Pepper  
3/4 pound chicken cutlets (about 1/2 inch thick)  
2 teaspoons olive oil  
1 cup sliced mushrooms  
1 teaspoon minced garlic  
1/2 cup dry white wine  
2 tablespoons lemon juice  
2 tablespoons drained capers  
2 tablespoons chopped parsley (optional)  
Pasta (e.g., spaghetti), cooked according to directions



#### Directions

**Mix** 1/2 tablespoon cornstarch with the 3 tablespoons water and set aside. Place remaining 2 tablespoons cornstarch on a plate and sprinkle with salt and pepper to taste. Add chicken and roll in the cornstarch, making sure all sides are coated.

**Heat** oil in a nonstick skillet over medium-high heat. Add the chicken and brown 2 minutes per side. A meat thermometer should read 165 degrees. Transfer to a plate and add the mushrooms and garlic to the skillet. Sauté 2 minutes or until mushrooms are soft. Spoon mushrooms over chicken.

**Add** the white wine to the skillet, scraping up the brown bits in the bottom of the skillet. Add the remaining 1/2 cup water. Bring to a boil and cook 2 minutes. Stir the cornstarch and water and add to the skillet. Cook, stirring constantly, until the sauce is thickened, about 3 minutes. Add the lemon juice, capers and parsley (if using) to the sauce and spoon over the chicken. Serve the chicken over cooked pasta.

*Yield 2 servings.*

Per Serving: 341 calories; 40g protein; 9.2g fat; 12.7g carbohydrate; 325mg sodium; 126mg cholesterol

Recipe published in News and Observer

### Turkey Stuffing Divan

Mix the following and put in 9 x 13 pan:

2 cups boiling water  
1 stick butter  
1 bag of herb stuffing

Layer on top:

4 cups cooked cubed turkey  
2 cups cooked broccoli

Mix and pour over top:

1 large can cream of chicken soup  
2 cups milk  
1 cup cheddar cheese

Top with:

Additional cheese (use as much or little as you like)



Bake at 350 for 30 - 45 minutes, till bubbly and cheese is melted.

# February 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1  National Wear Red Day	2  Wedding Expo at Clayton Center (Distribute Club- house rental flyers) 10am-2pm
3 	4	5  ESO Book Club at Boulevard West Coffee Shop 10am	6	7	8  Yolanda Rabun	9
10	11	12  Dianne Carroll Jean Lee  Art CSP set up— 10am	13  TWCC Lunch Meeting 11:45am	14 <i>Valentine's</i>  <i>Day</i>	15	16
17	18 	19  Night 'N' Gals (Meet with Junior Woman's Club) 7:00pm  Dine & Donate at Vinson's	20  Dine & Donate at Vinson's	21  Judy Hoffman Art Museum Tour 1:30pm The Diviners Clayton Center Dine & Donate at Vinson's	22 Tricky Tray Civitan Center 6:00pm  The Diviners Clayton Center	23  Donna Steele  The Diviners Clayton Center
24	25	26	27	28	March 1	March 2  TWCC Hosts Miss America Tea 10:30am—12:30pm





**February 19-21, 2019**  
**Vinson's Pub & Eatery**  
800 E. Main Street, Clayton, NC



***Fundraiser for The Woman's Club of Clayton***  
***Dine In Only***  
***10% of food receipts will go to The Woman's Club***  
***when this coupon is presented***

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Cut along dotted line



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# The Woman's Club of Clayton

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